

ST. DUNSTAN'S REVIEW

For Men and Women Blinded on War Service

No. 344—VOLUME XXXI [NEW SERIES]

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[FREE TO ST. DUNSTAN'S MEN]

FROM OUR PRESIDENT

ON being elected to the office of President of St. Dunstan's, I should like, as one of my first acts, to send a message of greeting and of thanks to all those most closely connected with our great organisation.

First, to the men and women of two wars whom we have been privileged to help, I send greetings. I send them too my deep gratitude. Throughout the years they have so borne themselves in the day to day affairs of life that it is they, more than anyone, who have created, maintained and are continually embellishing the glory of St. Dunstan's. By their example they have lifted blindness from the category of disaster to that of handicap. By their example they have shown how such a handicap can toughen and brighten the spirit, making it to shine with a lustre not always vouchsafed to other men.

To all our subscribers and other helpers and supporters throughout the world I say a grateful "thank you." They have made possible the great achievement of St. Dunstan's. By keeping ever active in their hearts their kindness and their sympathy, they ensure a continuing and complete fulfilment of our task.

To that great body of men and women who comprise the Staff of St. Dunstan's, my admiration and my respect. Theirs has been the task of building again the broken body and of restoring the shattered mind. Of patiently watching for the spark of life to be kindled again, of nurturing it, and finally fanning it into that fine flame of independence which is the hallmark of the St. Dunstaner throughout the world.

The following, and many others beside, will surely always remain with love and gratitude in our hearts for their ceaseless, selfless and untiring devotion to the tasks with which they have been entrusted, be it to comfort, to instruct, to manage, or to organise.

Matron Pain, loved and respected at our Training Centre by the men of two wars. How often has her sympathy and understanding rolled away the clouds of despair from a doubting and overburdened heart? Air Commodore G. B. Dacre, our Commandant, whose organising gifts set our house in order at Church Stretton, and then, at a time of great national difficulty, re-established us in our wonderful building at Brighton, where he set up again for us a little industrial town, in which all manner of weighty and intricate occupations have been mastered, thereby opening the doors to fresh triumphs for many of our men.

At West House the good fortune of the old boys of the last war continues. They remember with undimmed affection the great hearts of Miss Thellusson and Miss Boyd Rochfort, and their present welfare is assured by another most untiring and efficient Matron in Mrs. Ouseley, and by the capable and friendly administration of the West House Commandant, Mr. L. Fawcett.

Miss Davies, at Blackpool, in charge of the furthest away of our Centres, carries the added responsibility which such distance implies. For the men of the North she makes a St. Dunstan's where all those who visit her can experience that same warmth of welcome that they would find in St. Dunstan's anywhere.

Back to Headquarters—and we find two of this war's St. Dunstaners, Mr. Matthews and Mr. Owens, showing the world once again that blinded men can effectively help their blinded comrades. On the welfare, estate, and technical sides we must remember with gratitude the work of many old friends of twenty-five to thirty years' standing: Mr. Bennett, Mr. Banks, Mr. Lale, Mr. Doughty, Miss Wilson, to mention but a few—and welcome many new friends, such as Mr. Mackay, our present General Welfare Superintendent.

To come now to the core of the whole matter, I believe that there is nothing in the whole history of St. Dunstan's which is not known to, and remembered by Mr. Askew and, in a different sphere, Miss Goole. It has been, and always will be, their full-time working life, in every sense of the word. Mr. Askew's wisdom and knowledge, judgment and experience, have ever been given loyally and unstintingly to your Chairman and to those into whose hands the direction of the destinies of St. Dunstan's is entrusted. Neither time nor material rewards have ever counted with him, and so St. Dunstan's is and must remain irretrievably in his debt.

St. Dunstan's has been blessed by long years of loyal and faithful service from many others of the staff. Nearly fifty of them have celebrated their silver jubilee with us, and I am grateful to them for their constancy.

Finally, as your President, may I say one word on your behalf and on my own to that great man who has been your leader for twenty-six years—our Chairman, to whom last year, at his jubilee, you gave full proof of your affection. This year I would like to add that of your new President, his friend and colleague in the past and in the future, too. He has been successful in all things. And in none more so than in his married life. He found his greatest happiness at St. Dunstan's, and as the story-books say "They lived happily ever afterwards." To both of them, Sir Ian and Lady Fraser: Long life and long continued happiness.

NEVILLE PEARSON.

CHAIRMAN'S NOTES

President of St. Dunstan's

LADY (Arthur) Pearson, D.B.E., has resigned the office of President of St. Dunstan's and has been succeeded by her son, Sir Neville Pearson, Bt., who was appointed to fill the vacancy at a meeting of the Council of St. Dunstan's, held on Friday, October 24th. At a dinner that evening I had the pleasure of presenting to Lady Pearson a gold cigarette case, upon which was inscribed the words: "Presented by the Council of St. Dunstan's to Lady (Arthur) Pearson, D.B.E., President of St. Dunstan's, 1921 to 1947, to record the affectionate regard of the blinded men and women of two wars and of her colleagues."

I am sure St. Dunstaners everywhere will feel, as I do, a sense of regret that Lady Pearson should wish to lay down her office, and at the same time of thankfulness to her for having held it for so long with such dignity and sympathy.

It was on December 9th, 1921, that Sir Arthur Pearson, Bt., G.B.E., the Founder of St. Dunstan's, died, and his position as head of the organisation was filled by the appointment of his widow, Lady (Arthur) Pearson as President, and my own appointment as Executive Chairman. Now, owing to the passage of years, another change takes place, but happily the name of Pearson, which has meant so much to us, continues in the place of honour in the constitution of St. Dunstan's. Sir Neville Pearson has been a most active member of our Council and Committees since those early days, and was for many years our Honorary Treasurer until the outbreak of the second world war, when he rejoined the army in which he had served in the first war.

Sir Neville Pearson is an old friend and colleague of mine, and a good friend of St. Dunstan's, and he can be assured of a warm welcome from our members all over the world.

A message from our new President appears on the front page of this issue.

Medals and Decorations

Some scores of St. Dunstaners have been decorated for gallantry, or for war or civilian services to King and Country. They include a V.C., Captain Angus Buchanan, South Wales Borderers, who died in 1944, and a G.M., Lieut. Commander Robin C. Buckley.

Old St. Dunstaners will remember that we recorded their names on panels, placed on each side of the fireplace in the lounge at Headquarters in Regent's Park. Although most of this building was destroyed by enemy action, the boards are still intact, though damaged, but they are not suitable for present use. It is therefore our intention to erect new panels, both at Ovingdean and in the Club which is to be a feature of the new Headquarters in the Marylebone Road when it comes into use next year. We are anxious that no name should be omitted, and I would be glad, therefore, to hear from every St. Dunstaner, of either war, or his widow or next of kin, of his award and the date and place when it was won, or, in the case of a civilian award, the date upon which it was granted. I am most anxious that the panels should be as accurate as possible, and therefore particularly ask that everyone will let me know who received any award, British or foreign, military or civilian, including a "mention in despatches."

IAN FRASER.

Golden Wedding

Our warmest congratulations to Mr. and Mrs. T. Thorpe, of Torrisholme, who celebrated their golden wedding anniversary on October 2nd. They received many good wishes from hosts of friends, including a special greeting from the local newspaper.

Silver Weddings

Congratulations to the following, who are celebrating their anniversaries:

Mr. and Mrs. E. Brownfoot, Renfrew, October 20th; Mr. and Mrs. C. H. Cornwell, Rottingdean, October 28th; Mr. and Mrs. B. Bentley, Stoke-on-Trent, October 28th; Mr. and Mrs. F. Chapple, Enfield, November 17th.

In Brief

Gwen Obern sang to nearly 2,000 people at the Remembrance Day Festival at the Brangwyn Hall, Swansea, the first to be held in Wales.

J. McDermott, of Wolverhampton, has had an excellent write-up and photograph of him in his shop in the local paper.

G. Fletcher, of Marple, secured a special prize, five firsts and two thirds, and a cup for his birds at a local Show.

E. Owen sang a hymn, his own composition, as a solo at the Chapel Service at West House, on Sunday, November 2nd.

The Worshipful Company of Basketmakers

St. Dunstan's basketmakers will learn with interest and pleasure of the honour which has been done to two members of our staff by the Worshipful Company of Basketmakers.

On October 15th, Mr. A. E. Fulker, who filled the post of Basket Technical Visitor upon the retirement of the late Mr. Sorrell, had the honour of admission to the Freedom of the Worshipful Company of Basketmakers of the City of London, and on the same day Mr. G. E. White, who is in charge of the Basket Department, was made a Liveryman of the Company and granted the Freedom of the City of London.

Our congratulations to them both.

Memorial Service to Sir Arthur Pearson

The Memorial Service to Sir Arthur Pearson will be held in the Chapel of the Ovingdean Home at 10 a.m. on Sunday, December 7th.

On the morning of December 9th, the anniversary of Sir Arthur's death, a deputation of St. Dunstaners will proceed to Hampstead Cemetery from Headquarters to place a wreath upon Sir Arthur's grave. Subscriptions of not more than one shilling towards the wreath should be sent to Mr. Askew, at Headquarters.

Festival and Service of Remembrance

A St. Dunstan's party, comprising Sir Ian and Lady Fraser and eighteen members, with escorts, from Ovingdean, West House, and Croxley Green attended the Festival of Remembrance at the Albert Hall on Saturday, November 8th, and occupied the Royal Box. For the evening ceremony, parties of St. Dunstaners from the London area, No. 12 Park Crescent, 9 Avenue Road, and the Farm at South Mimms, made a total of twenty, with escorts, attending.

On Sunday, November 9th, a party of fifty-three St. Dunstaners, with male escorts, assembled at No. 8 Park Crescent, at 8.30 a.m., and proceeded by motor-coach to Wellington Barracks for the march to the Cenotaph, to take part, with the British Legion, in the Service of Remembrance. Air Commodore G. B. Dacre, and ex-Sergt. Paddy Conlin, 4th King's Liverpool Regiment, laid a wreath in the form of St. Dunstan's Badge on the plinth of the Cenotaph. It bore the words: "In memory of their comrades, from the Chairman of St. Dunstan's and the Officers, N.C.O.s and Men and Women blinded in the Empire's service, Remembrance Day, 1947."

Sir Ian Fraser, as President of the British Legion, led the Parade.

After the return to the Barracks, the St. Dunstan's party went on to Seymour Hall, Seymour Place, for an excellent luncheon, provided by Miss J. Dunbar, of Mecca Cafes, Ltd.

Useful

A good use for old cycle inner tubing.—If cut across into small bands, half an inch wide, it will slip over and hold small bundles of willow together. It doesn't rot in water like string, and as the bundle decreases so does the rubber band, but continuing to hold the willow rightly. Half-inch wide bands of old motor tubing will hold stakes round the disc very nicely for several sizes of both round and oval baskets.

Lengths of cycle inner tubing will slip over a braille letter, saving string, and also protect the letter from wet.

G. FALLOWFIELD.

Southwick.

(This contribution receives a prize of one guinea).

From the Chairman's Post Bag

DEAR SIR IAN,

No doubt many St. Dunstaners have expressed appreciation, not only of the general help which they derived from your book, but also of the value of the practical hints on readjustment contained in it. Perhaps you might be prepared to consider the suggestion that there are many hints which could be passed on from one St. Dunstaner through the medium of the REVIEW. Short articles on devices of readjustment, the correspondence column, or a competition corner with an adjudication of the most useful articles sent in, might be a method of making the REVIEW even more live than it is at present.

Yours faithfully,

WALTER THORNTON.

Birmingham.

(We would welcome such hints on readjustment. Walter Thornton sets the ball rolling with one or two practical suggestions on page 8—Ed.)

To Gardeners

Lieut.-Col. M. P. Ansell, who runs a market garden in Devonshire, and mainly supplies cut flowers, has extended his business now to the sale of Gerbera plants and Gladiolus corms. With Gerbera plants he has twice been awarded a Flora Medal at the Royal Horticultural Society Shows in London, and with Gladiolus he won a gold medal at Exeter this year. Should anyone require a catalogue of Gladiolus corms for sale, they should write direct to Lieut.-Col. Ansell, Pillhead Flower Farm, Bideford, N. Devon.

Grandfathers

R. Edwards, Denbigh; J. Dennick, Evesham; W. Baker, Cærnarvon.

Thirty Years Ago

From the "St. Dunstan's Review," November, 1917:

A piece of shrapnel, four inches long and an inch thick, came through the skylight at Portland Place and knocked a large piece off the banister. There were no casualties, but one of the officers who, as he put it, was looking at the raid out of a top floor window thought his day had come. He holds the record for descending the somewhat tortuous stairs.

Ovingdean Notes

This month we have welcomed amongst our important visitors Monsieur Ruszczyk, the President of the Blind Society in Warsaw. As the result of his visit, he will be able, on his return to Poland, to give personal attention to those Poles who have been through St. Dunstan's and have returned to their own country.

Mr. A. L. Murray, the new Superintendent of Linburn Training Centre, Scotland, came to visit us and discuss many matters of mutual interest.

Lady Forbes, who has done so much for the Officers' House at Avenue Road, London, came for her first visit to see the training and to meet one or two old friends.

Two trainees—Sid Doy and Joe Gannon—accompanied the Commandant to a ceremony when Mr. Churchill opened Churchill House, Brighton, as an ex-service club. This was a great privilege, since the actual room only held two hundred people.

Our trainees desired to show their appreciation to the Royal Air Force for their magnificent donation to St. Dunstan's in 1946. A trophy, in the form of a tray with St. Dunstan's crest, and embellished in silver by Messrs. H. P. Jacobs, Ltd., of Brighton, was produced, and this Trophy Tray was formally presented to the Royal Air Force at the R.A.F. Station, Halton, by the Commandant, who was accompanied by Bunny Greatrex, M.M., and W/O. Dickie Richardson. Air Commodore Titmas, in accepting the Trophy on behalf of the Royal Air Force, expressed sincere thanks, adding that the Trophy will be a lasting reminder of the splendid work of St. Dunstan's and all that it stands for.

During the month the Commandant gave an address of thanks at the Dome, Brighton, to all those in the Brighton area who had collectively or individually given services and practical help to the men and women of St. Dunstan's.

Lieut. Col. Davys, O.B.E., B.A., a great friend of St. Dunstan's, visited Ovingdean on October 9th to give a most instructive lecture on the New Constitution in India. We are looking forward to his next lecture in December.

Another Dinner and Dance was given at the Savoy Restaurant by our good friend, Mr. Cheesman. A photograph was taken of the event and many trainees have purchased copies as a souvenir.

St. Dunstaners and their partners enjoyed a supper dance at the Dudley Hotel on October 16th. This was given by the Wimbledon Branch of the "Lest We Forget" Association. Miss Doris Hare, of radio fame, who was staying in the hotel, came on to the platform to wish the party a happy evening, and the following Wednesday came herself to Ovingdean to give a lunch-time concert. A delightful evening was spent at the King Alfred, Hove, on October 22nd, when Walter Gillett, Ltd., invited a number of trainees and their partners to their Annual Staff Dance.

The Ovingdean Darts Team are still great enthusiasts in their games against visiting teams. Another successful and exciting Knock-out Competition has just been completed, with Norman Crane winning the Totally Blind event, and Bill Harby the event for those with slight sight.

Rehearsals for our Christmas Concert are taking place in earnest, and both trainees and staff are giving up much of their time to ensure two very gay evenings' entertainment.

"And so to Work," the film which was shot here by Leslie Laurence Productions last July, has been retitled, "People in Relief, No. 2," and will be distributed shortly.

The R.A.F.'s Thanks

Air Commodore G. B. Dacre, Commandant at Ovingdean, has received the following letter from Air Commodore J. F. Titmas, C.B.E., Station Commander at the Royal Air Force Station, Halton:—

MY DEAR DACRE,

I am most grateful to you for giving Halton the opportunity of meeting our comrades from St. Dunstan's last Tuesday. We were honoured and delighted to have the St. Dunstaners with us.

On behalf of the Royal Air Force in general, and Halton in particular, I want to express our sincere thanks for the beautiful Trophy presented to the Royal Air Force. The Trophy will always be on view in a place of honour, and will be a lasting reminder to all of the magnificent work of St. Dunstan's and all it stands for.

Again, many thanks for your great kindness.

Yours sincerely,
JOHN F. TITMAS.

West House Notes

The announcement that two representatives from West House had been invited to be present at the opening of Churchill House, one of the many items on Mr. Winton Churchill's programme during his visit to Brighton to receive the Freedom of the Borough, was received with much interest and enthusiasm. The lucky couple were George Taylor and Edward Darnell, who were escorted by Commandant and Matron. For the rest of us the only chance we had to welcome Mr. Churchill was to give a cheer (from our grandstand on an island in the middle of Marine Parade) as his car passed us on its way to Black Rock. However, this we did to the best of our ability.

For the most part, our news this month is about indoor entertainments for, with the evenings beginning to draw in, we have begun to think of amusing ourselves in the House once again.

On October 2nd we had a Concert, arranged by the Entertainments Committee, which included Sheila Daly, from the Grand Theatre, Brighton, Mrs. Gay Evans, two comedians from the British Legion, and Mrs. Sybil Mercer.

The Staff entertained us with "Twenty Questions" and some others went off to Ovingdean with a play-reading.

Dominoes, darts and whist were not forgotten, and we had one particularly happy evening at the Surrey Arms, Shoreham, and we would like to express our sincere thanks to our host, Mr. Spencer.

October 12th brought forth a play-reading from Ovingdean Staff (Misses Carlton, Somerset, Arning, Wilson, and Gardener), to whom we should again like to say "thank you."

There was another enjoyable outing for us on the 14th, when we had a Darts Match at the Old Barn Club, Shoreham. Thank you, Mrs. Burfoot and Mr. Jefferson!

A few of us paid another visit to Ovingdean on Sunday, 19th, to hear a very interesting "Brains Trust."

A return visit from Max Miller was a surprise item in our entertainment programme, and Saturday, October 25th was another highlight in a rather full month. Also included in the programme was Thora Hird, with her own inimitable style, and our old friend, Jack Sullivan. Amongst the guests was Tommy Farr, and we were

all delighted to hear that he and Max Miller had promised to come and see us again at Christmas-time. Thora Hird, who is off to America, does not expect to be back until the New Year, but she has promised to send her young daughter to see us.

We finished the month with a grand Hallowe'en Party for our escorts. We were all kept busy for a few days beforehand preparing the decorations, which were particularly successful. We have to thank Sister Mackenzie for the very artistic and effective silhouettes of skeletons, witches, black cats, etc., which, added to the coloured candles in beer bottles and nightlights in turnips, gave just the right atmosphere. The flowers were, as usual, tastefully arranged by Prim and Orderly Howe.

After their party, the escorts joined the men in the Hallowe'en Dance, and the scooped-out turnips, which had been so carefully prepared by the Lounge Staff, aided and abetted by Bill Grimwood and W. Millar, of Surbiton, were carried through to the Lounge and Conservatory. During the evening, we were entertained by Albert Saunders (tenor), Maxie Betts (comedian), and Kay Griffiths (comedienne), and then the dancing continued until 11 o'clock. As on all "special" dates, we knew we could rely on the Catering Staff to put on all our favourite items for the buffet, and so from time to time during the evening we were able to refresh ourselves and return anew to the dancing.

October Test Results

Preliminary Braille Reading Test.—E. Bedford, R. Cole, G. Jakins, E. W. Read, J. Dupreez, R. Rosewarne.

Typing.—A. Pollitt, R. Cameron, S. Edgar, S. Brooks, E. Hindle, R. Home-wood, J. Mottershead, J. Dupreez, V. Reeves.

Writing Test.—J. Todd.

Avenue Road

Advanced Braille Test.—Roman Dobrowolski.

Advanced Reading.—Ted Blackmore.

Miss Briscoe

Miss E. M. K. Briscoe, who has helped Miss Oliphant during the last two years and is well known to West Country St. Dunstaners, was married on November 12th to the Rev. R. G. Davison, Vicar of Holy Trinity, Bury, Lancs.

A First Visit to the Lake District

For a long time it had been my desire to visit the Lake District, but the opportunity had never arisen and when, nearly five years ago, I became a St. Dunstaner, it seemed that all chance of doing so had gone. I could not picture myself scaling mountains nor could I see anyone being unselfish enough to take me as I should be a drag on any party. However, I have two very good friends who had promised to take me and this year they fulfilled their promise.

We stayed at Rosthwaite, in Borrowdale, which is in the centre of the country round which Hugh Walpole wrote his "Herries" books. Several times we passed the house where Walpole lived and the barn that is all that is left of the house where "Rogue Herries" and his family lived.

Before I went to Rosthwaite I had been wondering how I could best climb mountains, giving my friends and myself the least amount of trouble. Gathering experience from the first climb we did, I found that on gradual slopes, either grassy or rocky, it was necessary to have the guiding, and sometimes supporting hand of a friend. I found, however, that on the steeper and sometimes almost vertical ascents by far the easiest method was to proceed under my own steam on hands and feet. In grassy places my hands helped to pull and in rocky places they told me what was coming and where to find footholds. I enjoyed this way of climbing particularly and for this reason I think the part of the week I enjoyed most was the final ascent of Great Gable from Windy Gap. All the way up it is very steep and rocky with patches of loose stones and sand in some places and I was able to scramble the whole way following the sound of the friend in front and directed by an occasional word from the friend behind. The descents were much more difficult than the ascents and I found it necessary to be attached to someone practically all the time.

We were lucky in having perfect weather the whole time except for rain on the Friday morning which later cleared and became clearer than any of the other days. I can thoroughly recommend this sort of holiday to anyone who likes walking for there is nothing better than to be in good company among the lakes and hills of Cumberland and Westmorland.

I should be most interested to know, through the medium of the REVIEW, if other St. Dunstaners have spent similar holidays in the Lake District and if so, where they stayed and which mountains they climbed. B.L.B.

Young St. Dunstaners

Jack Loram has passed his Navy examination for Warrant Officer, taking fourth place out of four hundred.

John McNicholls, Manchester, has passed the Civil Service examination and took up an appointment on October 13th.

Colin Acton, late 6th Airborne Division, has received an appointment with the Cunard White Star Line as Junior Assistant Purser.

Marriages

The son of F. Green, of Sunderland, on November 15th.

Stanley Deegan (Brixton), on June 21st, to Miss Sheila Land.

Florence Holmes (Bishop Auckland), on October 25th.

National Laying Test

St. Dunstan's Section

Position	Name	Test	
		Score	Deaths
1	Holmes, P.	1038	2
2	McIntosh, C.	979	0
3	Jarvis, A.	961	1
4	Gregory, T.	955	1
5	Fisher, T. M.	948	1
6	McLaren, D.	934	2
7	Jackson, G.	931	0
8	Smith, W. Alan	689	1
9	Chaffin, A.	631	3
10	Watson-Brown, M.	499	0

Average per bird to date, 170.05

The deaths in each pen of six birds are shown. They do not necessarily reflect on the stamina of the birds, for it has been exceptionally hot weather, and deaths have sometimes occurred from that cause. They are shown now to account for some of the low scores which reflect badly on the breeder if from six birds, but if the deaths occurred early, they have been obtained by a very much smaller number of birds.

Placements

Philip Wood, of Leamington Spa, with Messrs. Warwick Production Co., Ltd., Saltisford, on assembly; J. Nolan, of Queen's Gate, S.W.7, as a packer with the War Office, Duncannon Street, W.C.2.

“In Memory”

Company Sergeant Major Michael James Conroy, *Royal Engineers*

With deep regret we record the death of M. J. Conroy, D.C.M., of Cork, who served with his regiment from 1900 until June, 1922. He did not, however, come to St. Dunstan's until 1933, when his age and ill-health made it impossible for him to be trained for any heavy occupation.

His health had never been good, and he grew worse during the last few months, in spite of devoted nursing by his wife. He died at his home on October 6th.

The funeral took place at St. Finbarr's Catholic Cemetery, Cork, and was attended by his St. Dunstan's comrades, Messrs. Driscoll, Toomey, and P. Condon. A wreath from Sir Ian Fraser and his friends was placed on the grave.

Our deep sympathy is extended to his wife and family.

Births

BILCLIFF.—On January 25th, to the wife of G. Bilcliff, of Little Thurrock, triplets—Pamela, Brian, Robert. (This notice has only just reached us).

HOLMES.—On July 19th, to the wife of W. Holmes, of Stonehouse, Glos., a son—David Michael.

MCDONOUGH.—On September 23rd, to the wife of J. F. McDonough, of Clifden, Co. Galway, a daughter—Mary Eileen.

RUSSELL.—On October 13th, to the wife of N. Russell, of Huddersfield, a son—David Christopher.

TAYLOR.—On Oct. 22nd, to the wife of T. Taylor, of Farington, near Preston, a son.

Marriage

NOLAN—BURGESS.—On November 1st, John Nolan, of Co. Fermanagh, Northern Ireland, to Miss Clare Irene Burgess.

Death

ROBERTS.—We extend our deep sympathy this month to Mr. and Mrs. Roberts, of Dukinfield, whose son, Arthur, passed away on October 29th, after a long and painful illness.

* * *

Sergt. William Nash, whose death was reported last month, came to St. Dunstan's in 1936, not 1946 as reported.

HINTS ON READJUSTMENT

Finding One's Glass at Table

It is felt that the method of cautious approach from the edge of the table presents a rather large risk of knocking one's glass over. It is suggested that a better method is to approach the glass from above and to slide the hand down the glass on establishing contact. One has usually a very shrewd idea of the position of the glass on the table and can find it by this method without difficulty. Spreading out the fingers of the hand as one

reaches for the glass is a further aid to locating it.

Carrying the Pocket Frame

It has been found a good idea to have a special pocket frame pocket made in the inside of the jacket on the match pocket side. The pocket is made to fit the frame, so that it is easy to get the frame out, and so that there is no possibility of the frame falling out of one's pocket when stooping down. The extra pocket is also useful.

Signing Letters

It is likely that most St. Dunstaners can sign their name in the correct place at the end of a letter simply by feeling the reverse side of the paper. A further method which has been found easy and useful is to make a few impressions with a pricker or stylo on the extreme right of the paper at the level at which one wishes to sign one's name. These impressions are easy to locate because they are in a straight line if one has used the V shaped piece of metal across the front of the typewriter as a guide.

Finding the Right Stamp

It has been found to be a saving of effort to tear a portion off the right-hand corner of the front of a book of stamps. This saves feeling at the stamp to decide which is the sticky side every time one wants to take one out. Most St. Dunstaners will know the arrangement of stamps in a book costing 2s. 6d. or 5s. and can accordingly take out of the book the stamp they require.

Lifting a Small Child

This is by way of a warning. It is advisable before lifting a small child in playful manner above the level of one's head to make sure that there is no obstacle such as an electric light bulb in the way.

WALTER THORTON.