



St Dunstons
REVIEW

St. DUNSTAN'S REVIEW

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PHYSIOTHERAPY CONFERENCE 1975

by Harry J. Davis

Chairman of the Physiotherapy Advisory Committee

The week-end 2nd-4th May saw the return to Ovingdean of the Physiotherapy Conference. It was notable for three things. The welcome of our new Physiotherapy President, Mr. Ion Garnett-Orme, St. Dunstan's Chairman, the first Conference to be held since the re-opening of Ovingdean, and the reception of our guest of honour, Lord Hunt of Fawley, C.B.E., M.A., F.R.C.P., F.R.C.S., who is a member of St. Dunstan's Council.

It was a must to go on a tour of inspection. All the innovations, that is the

refurnished and carpeted bedrooms, the new sun lounge, typing room, Braille library, quiet lounge and, of course, the magnificent swimming pool were all noted with satisfaction and approval.

The business of the morning was preceded by the welcome to our new President. The morning lecture was given by Mr. S. Rose-Neil, F.Ac.A., on Acupuncture which proved to be of great interest and provoked some lively exchanges with members at question time. After lunch, Mrs. B. Goff, O.N.C., M.C.S.P., Dip. T.P.,

Harry Davis opens the 1975 Physiotherapy Conference at Ian Fraser House. Also in the picture, Mr. Garnett-Orme and Mr. Wills.



2



Peter Spencer and Freddie Collingwood size up an ultra sonic machine with the aid of a representative of Electro-Medical Supplies.

initiated us into the mysteries of the Rood Technique with vigour and enthusiasm. Mr. P. R. Wells, M.C.S.P., Dip. T.P., followed with a lecture on Manipulative Therapy, Maitland Technique.

The dinner on Saturday evening had all the ingredients for success, good food, good wine and good company. Our President, Mr. Ion Garnett-Orme and our guest of honour, Lord Hunt regaled us with speeches of Champagne quality which were enthusiastically received. Harry Foster paid sincere and adequate tribute to St. Dunstan's emphasising how magnificently the Commandant, Matron and Staff had overcome the difficulties which had beset them during the re-opening process.

The Commandant replied belittling the troubles with becoming modesty. Dinner was followed by dancing to the music of an excellent band, with facilities for renewing energy being provided by the bar.

COVER PICTURE: *Mr. Garnett-Orme welcomes St. Dunstaner, Cyril Sedman to the Manchester Reunion. Joining in the greeting are Mr. Wills and Miss Broughton.*

3

Two of our members helped at the Church service on Sunday. Les Webber at the organ and Alan Wortley who read the lesson. The well known hymns were lustily rendered and the Padre gave us a good sermon. Flowers had been placed in the Chapel by the Physiotherapists in memory of our Founder, our late Chairman and President and our departed colleagues.

The final lecture on Sunday was given by our own Mike Tetley, M.B.E., B.Sc., M.C.S.P., whose subject was "Introduction to Cranial movements". It was a well thought out and well delivered talk, showing Mike to be a man of an enquiring mind, equipped with the energy and industry to find the answers.

In conclusion our thanks and appreciation are due to the Commandant, Matron and Staff of Ian Fraser House who made our "home-coming" such an enjoyable success.

COMING EVENTS

Ian Fraser House

The following events will take place at Ian Fraser House this month—local St. Dunstaners and their wives will be warmly welcomed:

June	
1st	Sunday Evening Concert
2nd	Weekly Dance, 8 p.m. to 10 p.m.
8th	The Nucleus Theatre Group present "The Importance of being Earnest"
9th	Weekly Dance
16th	Weekly Dance
22nd	A programme of stereo music presented by Mr. Tom Eales
23rd	Weekly Dance
29th	Weekly Evening Concert
30th	Weekly Dance

Announcements will also be made at the Brighton Club.

Sports Weekend at Brighton

The St. Dunstan's Sports for 1975 has been arranged for June, Saturday 21st. and Sunday 22nd. If you have not already received your entry form and wish to participate please contact me at Ian Fraser House right away.

JOCK CARNOCHAN
Sports Officer

BBC RADIO 4

On 22nd June (Sunday) at 11.10 a.m. on BBC Radio 4 and at 10.25 a.m. BBC Scotland, Kenneth More will make an appeal on behalf of the National Federation of Far East P.O.W. Clubs and Associations.

BILL GRIFFITHS

LOST PROPERTY

Found outside Ian Fraser House on Monday, 5th May, about 2 p.m., one lady's watch. Please apply to Matron Blackford if this is yours.

CONGRATULATIONS

Many congratulations to *Harry Wheeler* of Merton Park, London, S.W.20, who has now been appointed County Vice-President of the British Legion.

Welcome to St. Dunstan's



On behalf of St. Dunstan's we welcome St. Dunstaners recently admitted to membership. The Review hopes they will settle down happily as members of our family.

Colonel Charles Harington Bowker, of Sherborne, Dorset, joined St. Dunstan's in April, 1975. He is married and lives in retirement, having left the Regular Army in 1957 after more than 30 years' service.

John David Carmichael, of Wallingford, Oxon, joined St. Dunstan's in May, 1975. He was commissioned and served in the Royal Air Force in the Second War and is an economist and journalist. He is married with one married daughter.

Colin Charles Kennedy Dyett, of Winchester, Hants, joined St. Dunstan's in April, 1975. He was an electrical and mechanical engineer and a Regular Soldier, who served and was commissioned in the R.A.O.C. and R.E.M.E. for 25 years, which included Second War service in India and Burma. He is married and lives quietly in retirement.

Harold Greenhalgh of Bolton, Lancs, became a full St. Dunstaner in April, 1975. He served in the Royal Horse Artillery in the Second World War and is a bachelor. He hopes to be going to Brighton shortly for a course of retraining.

Arthur Purser of Bethnal Green, London, E2 became a full St. Dunstaner in April, 1975. He served in the Royal Norfolk Regiment in the 2nd World War and was unfortunately a prisoner of war in the Far East. Since his discharge from the Army in 1946 he has worked in various jobs and for some time was employed at a well known retail stores. He is married.

Arnold Clarke of Liverpool is proud to report that his grandson Paul has recently won a Gold Medal for scoring the winning goal which has put his school's football team at the top of their league.

NEW SWIMMING POOL

by Jock Carnochan - Sports Officer

The swimming bath is part of the extension to Ian Fraser House or to give it its proper title, part of the Annexe, which is situated on the South end of the South wing of the original building, i.e., the wing that points to the sea and coast road.

It comprises two floors and a basement, the basement being the Plant Room which houses the filtration plant, the main floor comprises Training Workshops, two Bowling Rinks, Gymnasium, Swimming Bath and changing rooms. The first floor comprises Swimming pool lounge and St. Dunstan's and Staff recreation facilities.

Double Entrance Doors

The main double entrance doors to the swimming bath surrounds is opposite the stairs leading to the pool lounge, these doors are kept locked and are for Bath Staff entrance only. On either side of the main entrance doors is, on the right or north, the Ladies entrance to the changing room, and on the left, or south, the entrance to the Gents' changing room, door handle on the left for the Ladies and right for Gents. Each dressing room comprises four changing cubicles, lock up clothes lockers, showers and toilets.

Changing Rooms

The entrance from the changing rooms to the bath surrounds is by way of a footbath, with a 6" step down/up. As you step out of the footbath you are facing the length of the bath, looking west towards Brighton with the shallow end nearest to you approx. 3 paces distance, the Ladies being on the right hand or north side and the Gents left hand or south side of the shallow end.

Immediately on the Ladies right and Gents left is a hand rail. If the Ladies keep the hand rail on their right hand and the Gents on their left hand you have approx. 3 yards distance to the shallow end corners, at this point the Ladies turn left, the Gents right pointing you in the direction of the length of the bath again.

As you proceed west along the rails

you will encounter letters and figures in relief, on the north rail right hand side, the letters will read correctly, the first one being E indicating opposite is the steps entrance into the shallow end, the next being 4 indicating the depth of water opposite is 4' deep with a further 5 and 6 as you proceed. Should you enter the pool opposite the 6' mark you will notice underfoot rough tiles indicating the sharp drop or shelf into the deep end.

Spring Diving Board

After the 6' mark on the north rail comes the letter D indicating you are opposite the 1 metre spring diving board which has two steps up and a hand rail either side extending to the edge of the pool leaving approx. two further paces to the end of the board to feel with your feet. The board points across the deep end width, approx. 9' from the deep end wall on your right and 6' from the deep end shelf on your left.

After the D on the hand rail your last indicator is another E opposite the steps entrance into the deep end. The markings on the south rail are the same excepting the D for diving board. Continue west after the last E brings you to the corner of the deep end turning inwards to face north and south, continuing for a couple more paces when it ends with a gap of approx. 16' which is the sliding doors leading out to the balcony.

It can now be noted that the steps entrances to the bath are situated at each corner on the length sides of the bath, the steps being set in to the wall with a step up and forward on the top one to the bath side.

Footbath

In each footbath there is a shower with the temperature set, operated by a chain pull, the main purpose to wash off any bath water which has a small residue of chlorine and alum necessary in all public swimming baths, however there is another shower in the changing rooms with variable water control taps should you wish a further shower, all showers are finally operated by a chain pull with a

General Information and Guidance for your Safety

SUPERVISION

All users of the swimming bath are under the supervision of Mr. Carnochan and Mr. Avey, both qualified in life saving. NO ONE is to use the swimming bath unless either of the above are in attendance.

CLEANLINESS

No smoking is to take place in the dressing rooms or bath surrounds. If you wish to smoke during a swimming session, the balcony at the deep end is available (weather permitting) and is equipped with tables, chairs and ash trays.

Bathers are to pass through the foot bath before entering the bath surrounds.

ENTRANCES

The main entrance to the swimming bath surrounds will be kept locked, and is for the use of Bath Staff only. Bathers are to use the respective entrances, Ladies and Gents on either side of the main entrance.

SPECTATORS

Spectators are to use the Observation Room, situated above the dressing rooms, with access by way of the stairs opposite the main bath entrance.

NEW SWIMMING POOL

continued

ring on the end suitable for double arm amputees.

POOL LOUNGE

Above the changing rooms there is a pool lounge where spectators can watch the bathing through glass partitions, looking down the length of the bath from shallow to deep end.

TECHNICAL DETAILS

For the technically minded, the bath size is 60' long by 28' wide, depth 3' grading down to 6' with a 9' deep end and diving area. Pool capacity 63,480 gallons, complete circulation taking 4 hours, at a rate of 15,870 gallons per hour. The water is filtrated through a 6' 6" diameter filter containing Magna dol and sand, filtrating at a rate of 455 gallons per square foot per hour. As an aid to keeping the water healthy Chlorine gas is introduced daily according to the number using the water, and Alum is also introduced as an aid to filtration.

DRESSING ROOMS

Dressing rooms are equipped with changing cubicles and lock up lockers for clothes stowage after changing, toilets and showers. The toilet and shower with the sliding door is for the use of bathers using wheel chairs. If you are resident in Ian Fraser House it is advisable to change in your room and proceed to the bath wearing dressing gown and slippers. Bathers who have to change in the dressing rooms are advised to place their clothes in a locker, and deposit the key with the duty bath supervisor.

VALUABLES

You are reminded that the management will not be responsible for the loss or damage of your property.

MEDICAL

If you suffer from any skin complaint, or indeed any medical complaint that could be aggravated by the presence of Chlorine or Alum which is necessary in the water, you are advised to obtain medical clearance from your Doctor.

SAFETY

The use of Snorkels, Flippers and Face Masks with glass screens IS NOT PERMITTED.

DIVING

The one metre diving board points across the bath with a depth of 9' 10" of water. The board is of a plastic material, and has a fairly strong whip to it, you are therefore advised when using it, to ensure that you are not endangering others in the deep end, and to dive straight out and not to the right or left where there is a danger of hitting the deep end wall on your right or the shelf on your left. The approach to the deep end has a steep shelf five metres from the deep end wall dropping from 6' to 9' 10" and therefore it is not advisable to dive deep when diving in from the deep end.

ALLOCATIONS

All allocations are applicable to both Houses i.e. Ian Fraser House and Pearson House, and Pearson House personnel who wish to avail themselves of the facilities, should, where possible tie in with the routine transport between the two houses. The weekend allocations are for the immediate families of St. Dunstaners and Staff, i.e. parents and their children only.

OFF DUTY STAFF

Heads of departments are to ensure that only off duty staff be permitted to attend.

Your co-operation will greatly assist the Supervisor to keep the facilities clean and attend to your safety.

IAN FRASER HOUSE Provisional Swimming Bath Allocations To Be Given One Month's Trial

Provisional Swimming Bath Allocations etc.

Mondays	8.00 a.m. 10.30 a.m. 2.30 p.m.	8.30 a.m. 12.30 p.m. 5.30 p.m.	St. Dunstaners and Off Duty Staff
Tuesdays	8.00 a.m. 2.30 p.m. 6.45 p.m.	8.30 a.m. 5.30 p.m. 8.00 p.m.	St. Dunstaners, Including Local St. Dunstaners, Wives and or Escort and Off Duty Staff
Wednesdays	8.00 a.m. 10.30 a.m. 2.30 p.m.	8.30 a.m. 12.30 p.m. 5.30 p.m.	St. Dunstaners and Off Duty Staff
Thursdays	8.00 a.m. 2.30 p.m. 6.45 p.m.	8.30 a.m. 5.30 p.m. 8.00 p.m.	St. Dunstaners, Including Local St. Dunstaners, Wives and or Escort and Off Duty Staff
Fridays	8.00 a.m. 10.30 a.m. 2.30 p.m.	8.30 a.m. 12.30 p.m. 5.30 p.m.	St. Dunstaners and Off Duty Staff
Saturdays	2.30 p.m.	5.30 p.m.	St. Dunstaners, Including Local St. Dunstaners, and St. Dunstaners Families
Sundays	2.30 p.m.	5.30 p.m.	Off Duty Staff, and Staff Families

Walking Club

The Walking Section completed a much better season of 8 events, with the 7 miles Championship at Ewell on Saturday, 19th April, with John Simpson retaining his totally blind section title, and Bill Miller the semi-sighted.

Result

Order of Finish	Actual Time	Allowance	Handicap Time
W. Miller	71.54	Scr	71.54
J. Simpson	72.45	Scr	72.45
M. Tetley	77.22	2.00	75.22
S. Tutton	77.23	4.00	73.23
R. Young	80.10	8.00	72.10
C. Stafford	80.15	7.00	73.15
J. Wright	82.16	9.00	73.16

Archie Brown (Aggregate Points) Cup

Charlie Stafford has done it at last. Ever since the competition first started, Charlie has longed to hold this much coveted

trophy, so much so, that poor Charlie was rather overcome when the cup was presented to him by Charles Harrison, who also held Archie in such high esteem, that he has personally presented a plaque to the winner every year.

Congratulations Charles, display them both proudly. The final placings in the Archie Brown Cup competition were:

	points
C. Stafford	34
W. Miller	32
S. Tutton	29
R. Young	29
M. Tetley	28
J. Wright	21
D. Purches	20
J. Simpson	18

W. MILLER
Secretary



Mr. Mustchin, left, with Mr. Garnett-Orme after the presentation of a gold watch from St. Dunstan's Council.

STAFF RETIREMENT

Mr. M. H. Mustchin, Manager of the Despatch Department at Headquarters, retired on 31st May, after 43 years service. "Mo" as he is known to us all, came to St. Dunstan's in 1932, and worked with his father, Mr. Frank Mustchin until the outbreak of war.

During the war years he saw service with the Royal Artillery, Sherwood Foresters and finally the Royal Engineers, serving in the Middle East and in Italy. In 1946 he returned to St. Dunstan's, taking over as Manager of the Despatch Department, when his father retired in 1950.

We wish him good health and a long and happy retirement with his wife.

R. D. ("Bertie") McConnell, of Bangor, has been active politically in Northern Ireland for many years and he has now held his seat for the Alliance Party in the recent Convention Election. North

Down is a very large constituency with 93,000 electors and he and his wife, Olive, had a terribly busy three weeks during the campaign.

All St. Dunstaners will wish to congratulate Bertie and wish him the very best of luck in the difficult months ahead.

A seat at Winterbourne

Alec Purves of Winterbourne, Nr. Bristol, writes to tell us that last Autumn when he was tidying up his garden he thought he would get the entrance to his garden more spick and span.

What was a rough gravel slope to the garage is now a neat concrete ramp and there is a flight of steps to the front gate. Beside the gate is a concrete slab and with the help of a spare piece of elm wood it has now been turned into a seat. Alec hopes the old folk in the district will use it as a rest in the sun when they are out for a walk.

KEMP TOWN NOTES

During April, life in Kemp Town was a trifle chaotic. Owing to the impending move to Ian Fraser House, entertainments had to be rearranged, or reluctantly cancelled, for both coach drivers were needed for more mundane tasks. However, we managed to arrange two Drives and several outings to the Dome, and to the Theatre Royal, during the month. We were fortunate to have the opportunity of seeing "A Family and a Fortune", prior to the London opening; the cast included Alec Guinness, Margaret Leighton and Rachel Kempson. The acting was superb—the play itself brilliantly written, but chilling in its exposure of human weakness.

Record Programmes

Record programmes were presented by V.A.D.s, Mrs. Dantine and Mrs. McMaster, and by an old friend of ours, Mr. Les Harris. In his eagerness to entertain us, he arrived a week early, and we were quite unable to disguise the fact, for when he arrived Mrs. McMaster had already begun her programme. But he cheerfully returned the following Sunday evening and played us a wide-ranging selection from his vast collection of records.

In the middle of the month the Brighton Reunion took place at the Hotel Metropole. It was good to see so many old friends greeting each other. A few days later saw our first visit of the year to Brighton Races, and if our horsey St. Dunstaners have anything to do with it, we shall be reading the runners, riders, form and prices many times and oft, before the summer is over. Where, we ask, do they get that endless supply of shirts they are prepared to lose? Perhaps they just enjoy drinking tea out of cardboard cups?

But April will be remembered as the month of the Big Moves, when Ian Fraser House opened with gladness, and Northgate House closed with some sadness. Pearson House was in the difficult position of losing half of its staff in the move to Ovingdean, and at the

same time making welcome the men and staff from Northgate. No one could have found the transition easy. Naturally, the normal routine of both houses was affected for some time before the actual moves took place, and for weeks we seemed to be working surrounded by crates, boxes, fishing-rods, office files, sheets of plastic . . .

"Tote that mattress, lift that chair!
Where do you want them?
Oh! Shove 'em anywhere!"

Thanks to all Helpers

Paul Robeson, toting his barge and lifting his bale along Old Man River, had it dead easy, compared with us! But we got through it all eventually, thanks to hard work and much goodwill. Led by Commandant, who worked hours no Union would tolerate, together with both Matrons, our splendid maintenance engineer, Bob Field; the drivers, catering staff, orderlies, nursing staff, *et al*, order gradually emerged from chaos. A word of thanks is due to Dickie Richardson, who "kept his cool" under the most trying conditions. I might add that the female staff didn't exactly stand around either! At the end of each day we regarded our bedraggled hair, broken nails, dirty uniforms and laddered tights, with extreme disfavour, but with that warm feeling of a family helping each other along.

May Day

And so it came to pass that, on May Day, we welcomed our first St. Dunstaners to Ian Fraser House. But more of that next month. Until then, forgive us if we creep quietly away and fall in a heap for half an hour . . .

RETIREMENT

Henry Petty, B.E.M., of Leeds retired from his employment with Shell Mex on 31st December, 1974. At a presentation before he left his colleagues gave him a telephone table and seat and from his employers he received a very handsome clock.

REUNION ROUND UP

Jubilee Celebrations at Brighton, Liverpool and Manchester

BRIGHTON

Fog on the North Downs, fog on the South Downs, fog over the sea and intermittent rain or drizzle all day long. Such was the weather for the first of the Diamond Jubilee reunions held in Brighton on Thursday, 17th April. But, fortunately, the weather was in sharp contrast to the atmosphere inside the Metropole Hotel. It was a very good, happy reunion.

Altogether 246 people sat down to lunch. Among them 41 St. Dunstaners from the First and 68 from the Second World War or subsequent operations. Guests included our good friends Mr. Phillips and Mrs. Lillie from the Sussex Grocers' Association, Mrs. Dacre, The Reverend Popham Hosford, and, of

Sir Edwin and Lady Arrowsmith with Mr. and Mrs. Edward Frearson and Miss H. Stewart at the Brighton Reunion.



course, Dr. O'Hara. Retired members of the staff present were Mr. Rice, Miss Ramshaw, Mrs. Avison, Miss Jones, Mrs. Macdonald, Miss Meldrum, and Miss Scott.

Sir Edwin Arrowsmith, K.C.M.G., was the Member of St. Dunstan's Council presiding and he was accompanied by Lady Arrowsmith. Sir Edwin began his speech after lunch with the following words "May I say first of all how very pleased and honoured my wife and I are to be with you today for the first reunion in our Diamond Jubilee year. For it was sixty years ago on 26th March, 1915, that Sir Arthur Pearson arranged for the first contingent of war-blinded men to enter St. Dunstan's Villa in Regent's Park for rehabilitation and training".

Bringing greetings from the Chairman and Council, Sir Edwin added that Lady Fraser was very sorry that she could not be present at the luncheon, but she sent a very warm message of love to everyone present.

"You have in front of you" said Sir Edwin "a special commemorative Jubilee menu which is going to all reunions this year. It contains messages from Sir Neville Pearson, from Lady Fraser and from your Chairman, Ion Garnett-Orme". He then read out a passage from the Chairman's message published in the April Review. "This message" said Sir Edwin "must echo the thoughts of us all" and he read out a very appropriate quotation, handed to him by Mrs. Griffie, which had appeared in that day's *Daily Mirror*. It was by Longfellow and ran:

"So, when a great man dies,
For years beyond our ken,
The light he leaves behind him lies,
Upon the paths of men".

Again referring to Mr. Garnett-Orme's message, Sir Edwin said that "wisdom, kindness, approachability, are things that your Chairman has in full measure. And if I could add a very great knowledge of the financial world to guide us through these difficult days of inflation, I think we are

very fortunate to have Mr. Ion Garnett-Orme as our Chairman".

Having spoken words of welcome to all the guests Sir Edwin gave a summary of what the Grocers' Federation and the Sussex Grocers' Association have done for St. Dunstan's over the past sixty years.

He then ran through the list of staff members present and coming on to St. Dunstaners gave a particular welcome to George Farrant, Eastbourne, and Douglas Forshaw, Bognor Regis, attending their first reunion.

"My wife and I are getting used to the Brighton Road" said Sir Edwin, "for we came down last Friday for the re-opening of Ian Fraser House, we all of us had hoped that by that day, 11th April, it would again be in full occupation, but that could not be and rather than postpone it, because if we did goodness knows when it might have been finished, we decided to stick to the time and although it was not by any means fully completed it was sufficiently so for the opening to be carried out by Lady Fraser and may I say that was only achieved by the almost superhuman efforts of the Commandant".

After talking about the modernised Ian Fraser House (described in last month's *Review*) Sir Edwin went on to say "It is always at these reunions a great delight to see you all and your splendid wives and helpers. I am sure St. Dunstaners will follow the precept which I in almost 40 years of married life have found invaluable and that is one must take the big decisions oneself and leave the small decisions to one's wife. She decides such simple things as what we do generally, where we go for our holidays, what we eat". A St. Dunstaner, intervening, "what we drink". Sir Edwin "No, I do that. What happens to the house and easy things like that, but of course it is I that make the big decisions such as when Dr. Kissinger should visit the Middle East. Should Brian Clough be invited back to Brighton? Was it just the going or ten pounds extra which beat Red Rum? I think that is a very happy solution".

"Just before I sit down," concluded Sir Edwin, "may I repeat what a pleasure it has been for my wife and I to be here with you and to say how much we admire all St. Dunstan's does in the blind world".

Len Howell, Haywards Heath, giving



Len Howell proposes the vote of thanks on behalf of St. Dunstaners at Brighton.

the vote of thanks on behalf of St. Dunstaners said "I have a very simple task. Just now when Miss Stewart asked me, I thought what is the best way of giving thanks? I know you would like to do it in the traditional way and I would ask you to do it collectively... What can we do better, we St. Dunstaners, than to see to it that our life in the community outside, the way we conduct ourselves... The best way in which we can thank those on the Council and staff who do their best for us is to see that we are a credit to them in the world outside".

The reunion arrangements were made by Miss Stewart assisted by Miss Blebta. After lunch there was dancing to the Ken Lyon Trio and the customary raffle. During the afternoon the company was entertained by the popular and talented "Joan and the three blind mice", Joan Osborne, Bob Osborne, Ron Smith and Winston Holmes.



Mrs. Barbara Taylor serves the Midland Hotel's Jubilee tribute to Wallie Bramley and Ken Cole.

LIVERPOOL

There was a reminder of the history of our organisation in the presence of Mr. Nigel Pearson, grandson of our Founder, greeting St. Dunstaners as they arrived for the Liverpool Reunion at the Adelphi Hotel on Thursday, 24th April.

There were 89 people at this, the second of the 1975 Reunions, 38 St. Dunstaners—11 from the First War and 27 from the Second. With them were their wives or escorts, staff members from the Welfare Department, with representatives of the Country Life, Estates, Industrial and Public Relations Departments.

St. Dunstaners were pleased to meet Mrs. J. Harris, an old friend and helper but missed the presence of Dr. and Mrs. D. L. Charters, who were unable to attend due to the Doctor's illness. Also present were Miss Hilary Stam, producer of Radio Merseyside's programme for the blind—and Mr. Wilson a blind person, formerly a Blind Persons' Resettlement Officer, with Mrs. Wilson who has broadcast on St. Dunstan's.

A bouquet for Mrs. Garnett-Orme presented by our St. Dunstaner, Sadie Stokes.



Opening his speech after luncheon, Mr. Pearson welcomed everyone to this 60th Anniversary Reunion, "Sorry we have no diamonds for you—or at least the girls—but we do have something even more valuable, and that is good fellowship at this Reunion".

Mr. Pearson conveyed greetings from his father, Sir Neville Pearson, Bt., our President, from Mr. and Mrs. Garnett-Orme and from his fellow members of the Council.

Continuing, he referred to the St. Dunstaners attending and to their occupations—he gave a particular welcome to five St. Dunstaners attending their first reunion—Islwyn Hughes, Bryngwran; John McCounid, Bootle; Edward Mercer, Blackpool; William Tickle, Liverpool. Introducing Charles Hague of Liverpool, Mr. Pearson also included Charles's wife, May, informing the company that they were that day celebrating their 32nd Wedding Anniversary. Other names mentioned by Mr. Pearson were those of the staff, particularly Mrs. K. Ballantyne the Welfare Visitor responsible and Miss K. Broughton who assisted in the Reunion arrangements.

"It has been a momentous year," continued Mr. Pearson, "We had the fine tribute, so richly deserved, to Lord Fraser at the memorial service held in Westminster Abbey. The offer of the Abbey for the occasion was a fitting gesture from the whole nation. Great men create and lead, Lord Fraser did both. Exceptionally they mould an organisation which can successfully outlive them. It is up to all of us to prove that Lord Fraser did that too. That is our debt to him."

Mr. Pearson said that fortunately we would still have the help of Lady Fraser, who started with his grandfather as personal assistant, "She was an important part of the inspiration behind the foundation of St. Dunstan's." In paying tribute to Lady Fraser, now a Vice-President and member of St. Dunstan's Council, Mr. Pearson gracefully linked the wives and escorts of St. Dunstaners present at the Reunion.

After referring to the re-opening of Ian Fraser House and Mr. Garnett-Orme's first speech as Chairman, Mr. Pearson said, "He will ensure that we all can and

do carry on with the mission that my grandfather started and which Lord Fraser continued in such an exemplary way for over 50 years."

"In this 60th anniversary year how can one pull together all the pieces?" concluded Mr. Pearson, "The moving memorial service, the changes among the office holders, the opening of Ian Fraser House? Each of them major steps in the story of St. Dunstan's, each fitting in some way those essentially British characteristics which are personified by all St. Dunstaners, courage, doggedness and adaptability. The three essential characteristics of a St. Dunstaner pinpointed by Lord Fraser on the last page of his book, 'My Story of St. Dunstan's'. The three characteristics which will help us to live up to our motto and continue to win, 'Victory over Blindness'."

"It is a difficult job to try to follow the speech we've just had," said Stanley

Mr. Nigel Pearson takes the floor with our St. Dunstaner Vi Delaney at Liverpool.



Moseley of Blackpool, when he rose to express the thanks of St. Dunstaners, "However, I am very honoured to propose a vote of thanks to Mr. Pearson and the Council for this wonderful day. We've had a wonderful luncheon and the opportunity of meeting so many members of St. Dunstan's staff, meeting old friends and forming new friendships."

Mr. Moseley went on, "St. Dunstan's to me, and I am only a comparatively new member, has meant starting a new life. When I look round and talk to different people who are old St. Dunstaners, I'm amazed at the way in which they've carried on, faced up to the future and they really are enjoying themselves. I think that in itself is a tribute to St. Dunstan's organisation."

Mr. Moseley said that the St. Dunstaners at the Reunion would remember Lord Fraser and send their love to Lady Fraser. He thanked the hotel staff and also the staff of St. Dunstan's, "For the care and attention they have given us, everything they do for us and are going to do in the future."

Mr. Wills, our Secretary, said a few words of greeting before the afternoon continued with tea and conversation and, of course, dancing.

MANCHESTER

There had been an historic link at Liverpool and there was another at Manchester, where the third Reunion this year was the first attended by Mr. Ion Garnett-Orme as Chairman of St. Dunstan's. With him was Mrs. Garnett-Orme, and together they presided over a gathering of 117 people. Thirteen St. Dunstaners from the First War attended and 42 from the second, making a total of 55 all accompanied by their wives or escorts, at the Midland Hotel on Saturday, 26th April.

A feature of the luncheon was a special sweet, served in honour of St. Dunstan's Diamond Jubilee, which included a representative of the flaming torch badge.

After lunch Mr. Garnett-Orme rose to greet the St. Dunstaners and their guests. He said, "I give you all a warm welcome here this afternoon, especially those of us who are here for their first visit to a St. Dunstan's reunion. They are Mr. Thomas Page, of Rochdale, Mr. Isaac Pellington, of Stoke-on-Trent, Mr. Maurice Searchfield, of Blackpool and Mr. Harold Smith, of Altrincham. I hope they will feel at home, enjoy the afternoon and come to

Celebrating their first Reunion at Liverpool and their 32nd wedding anniversary that same day—Charles and May Hague.



many more St. Dunstan's reunions. We are also very pleased to have with us Mrs. Eaton as our guest this afternoon. She, as you know, is a very long standing helper of St. Dunstan's and we are delighted that she is able to be here. From Headquarters Mr. Wills is with us and also representatives from various departments of our organisation." Mr. Garnett-Orme then announced the names of staff members so that St. Dunstaners might, if they wished, discuss any problems after lunch.

60th Anniversary

"This year is our 60th anniversary," he went on, "and on your tables there are special menu covers which you may wish to take away with you afterwards. Lady Fraser telephoned me last night to ask me to give you a very special message from her bringing all her love to you all and her good wishes. My wife and I last visited Manchester in 1970 and we are very glad to be back here with you again this afternoon, especially as this is my first reunion as your Chairman.

"Our numbers here-to-day are about 120 and you may like to know that there are now 1204 St. Dunstaners in the United Kingdom, rather more than two thirds of them from the Second World War, or later, and a further 585 overseas. Although it is now nearly 30 years since the end of the Second World War, the lighted torch of St. Dunstan's shines as bright as ever, a symbol of inspiration and endurance. This is due to the example set by you in tackling your problems and I congratulate you all and also your wives who do so much to make these high standards possible. It is important to new St. Dunstaners, such as those who have joined us recently from Northern Ireland, that our name should continue to be well known and of high repute, and on behalf of these I thank you for seeing that it is so.

Enjoy the Afternoon

"I hope you all enjoy this afternoon and meet many friends, old and new, and on behalf of us all I thank the hotel for this excellent lunch which they have just given us and Mrs. Ballantyne and Miss Broughton for the hard work they have put into organising this reunion."



Our Chairman finds James Coupland's speech amusing.

Mr. Garnett-Orme's speech was recorded for Radio Manchester by Mr. Howard Langley of the Torchlight programme and during the afternoon he interviewed St. Dunstaners to make a complete programme on the Reunion.

Speaking for St. Dunstaners, James Coupland made a jovial, if unorthodox speech which, by its good humour, brought a warm response from his audience. He said, "Ladies and Gentlemen and St. Dunstaners all. I am sure that everyone of us have enjoyed . . . oh dear . . . excuse me . . . it's the first time I have ever done this, excuse me. I am sure that everyone of you that will meet our Chairman after we sit down for a talk and a social gathering will enjoy his company. Don't be afraid of him because he's a very understanding and a very natural chap. He's hail fellow well met and I'll tell you he's a very jolly, good-hearted, well met, friendly, lovable bloke and I hope he will have every success in St. Dunstan's and I am sure he will make a very good Chairman."

Having called a spade a spade as he put it in true Lancashire fashion James sat down amid laughter and cheers after one of the shortest votes of thanks recorded in the *Review*.

The Reunion continued in the afternoon with music for dancing until tea and the prize draw.

BRIDGE NOTES

Brighton

The Brighton section of the St. Dunstan's Bridge Club held a bridge drive at the Saltdean Community Centre on Saturday, 19th April. We had been unable to hire the larger ballroom for this occasion but as we were slightly fewer, the smaller "Activities" room proved to be a more intimate atmosphere.

Mr. R. Goodlad kindly acted as director and also partnered one of our members. Prizes won were as follows:

- 1st R. Fullard and Mrs. McPherson
2nd W. Claydon and Mrs. Claydon
3rd R. Giffard and Mrs. Giffard
4th A. Dodgson and Mrs. Dodgson

We will now look forward to holding our next bridge drive in Ian Fraser House.
R.A.F.

The fifth Individual Competition of the Brighton Section was held on Saturday, 10th May. The results were as follows:

R. Bickley and W. Scott	74
M. Clements and F. Griffiee	73
R. Goding and S. Webster	72
E. Bedford and W. Lethbridge	59
C. Walters and Partner	57
J. Whitcombe and W. Claydon	55
W. Burnett and J. Simmons	46

London

The fourth Individual Competition of the London Section was held on Saturday, 3rd May. The results were as follows:

W. Allen and W. Miller	72
J. Lynch and H. Meleson	68
A. Caldwell and Miss Vera Kemmish	62
J. Huk and F. Dickerson	58
J. Majchrowicz and J. Padley	52

Correction

BRIDGE CONGRESS RESULTS

Gover Memorial Cups. Individuals

This should have read:

London. W. Allen.

(Not W. Freer as published.)

St. Dunstan's Fishing Club



The opening event of the 1975/76 angling season was a week-end's sea fishing off Newhaven, organised by Mr. Jock Carnochan, our Sports Officer, with his usual efficiency, when a record number of St. Dunstaners, some 30 in all, took part.

On Saturday, 26th April, with a calm sea and lovely sunshine our party set out in the six fishing boats hired for the purpose. Quite a good variety of fish were caught, including many dabs, Channel whiting, pelt whiting, tope, spur dogs, robin huss and plaice.

The Club had offered a cash prize to the St. Dunstaner who caught the heaviest fish of the week-end; this went to Jim Morris of Peacehaven, for his 10 lbs. spur dog landed with the vocal assistance of Bernard Blacker, on the Saturday.

On Sunday, 27th April, unfortunately, patchy fog made it inadvisable to go too far out of harbour although the sun shone as before. One source of amusement to our party was the bantering of the skippers over the short wave radio frequencies about their respective catches, both real and pretended, but could it have been because the "Penhall" skipper maintained a radio silence that the club prize went to an angler on his boat?

With Ian Fraser House re-opened, it is hoped that our party will be even more numerous for the next trip scheduled for 28th and 29th June.

BOB FULLARD

BRIDGE NOTES continued

Would any Club member who is interested in having "The Bridge Contested Auction" by Alf Field on tape please contact me at Headquarters and we shall then endeavour to have the requisite number of tapes produced. It will be necessary to send 40p to cover the cost of each cassette.

H. MELESON
Secretary

READING TIME

by Phillip Wood

Cat. No. 662

London

by Ivor Brown

Read by Arthur Bush

Reading Time 9½ hours

An affectionate and scholarly look at the capital, by a distinguished man of letters. He takes us along its famous thoroughfares, we stroll with him through its parks, visit its historic theatres and the haunts of famous men. We are even treated to a learned dissertation on its complicated water supply!

The book is in no sense a guide book. Rather is it a catalogue of London's churches and houses and green places, with anecdotes and snippets of history thrown in for good measure.

The book is crammed full of information about London, but Mr. Brown's urbane, slightly pedantic style could for some readers, I suspect, prove just the slightest bit tedious.

Cat. No. 527

The Jacaranda Tree

by H. E. Bates

Read by Anthony Parker

Reading Time 10½ hours

The members of a small British community in Burma decide to make for India when the Japanese invade the country. It will take many days, a dangerous and difficult journey. The eleven people set off in two cars.

The roads are choked with refugees and progress is painfully slow. A day is lost when Patterson's car breaks down. The six occupants of the second car decide, against Patterson's advice, to push on, with tragic results.

Eventually, after many hard and anxious days, the survivors reach India, their numbers sadly depleted by death.

This is a gripping tale of a long and hazardous journey, told with the author's characteristic brilliant narrative style. The vivid scenes of Burmese life certainly took me back—I could see the bouganvillias and hibiscus and smell the frangipani.

Cat. No. 1115

Small Man of Namataki

by Liam Nolan

Read by David Broomfield

Reading Time 5½ hours

This is the story of "Uncle John", one-time interpreter in a P.O.W. camp, who risked torture and death to give succour to the inmates.

His real name was Kioshe Watanabe and he was born in 1890 into a Buddhist family, living in an all-Buddhist village.

One day his elder brother gave him a Bible as an interesting curio. This casual gift was to change the whole life-style of the young Kioshe. At twenty-two he was ordained as a Lutheran Pastor. He was also learning English.

Too old for active service in the war, he was taken into the army as civilian interpreter and sent to Hong Kong. He was horrified by the conditions in the P.O.W. camp, the brutality, the appalling living conditions and the too-high death rate.

He began to smuggle in much-needed medical supplies. He was well aware of the penalty of discovery, long periods of torture and finally death. His extraordinary heroism was all the more remarkable for the fact that he had, from childhood, gone in mortal dread of physical pain.

Inevitably he was discovered, but before he could be dealt with, Japan surrendered. The A-bomb had saved Kioshe Watanabe's life...

But at what dreadful cost. His wife and daughter were among the Hiroshima dead.

This is a wonderful story of the quiet, undramatic courage of one small man who cheerfully risked the consequences of his "crimes", because, in his simple, direct way he took what he knew in his heart to be the only action possible.

This book is certainly in the "not to be missed" category.

CLUB NEWS

LONDON

The Football Pontoon ending on 26th April was won by P. Sheehan with the team Sheffield United. The "booby" was shared between E. Carpenter with Newcastle, Miss V. Kemmish with Carlisle and J. Majchrowicz with Chelsea.

The Sir Arthur Pearson Aggregate Domino Competition is now well under way and creating great interest among our members.

The winners of our recent Domino Games were as follows:

- | | |
|------------|--|
| April 3rd | 1. C. Hancock
2. W. Miller |
| April 10th | 1. R. Armstrong
W. Miller |
| April 17th | 1. G. Stanley
2. P. Sheehan
J. Majchrowicz |
| April 24th | 1. J. Padley
2. C. Hancock |

W. MILLER

MIDLAND

A very good meeting was held on Sunday, 13th April, the main feature being another of our very popular 'Bring and Buy sales'.

The very grand total of £15.00 was raised from it and this money will help greatly towards the ever increasing costs of coaches for our outings.

We were able to make the second round draw for the Sir Arthur Pearson knock-out competition and also made a start with the doubles competition.

The tea for this meeting was arranged for us by Mrs. Elisabeth Tomporowski and we all thanked her for the lovely spread.

We were all very sorry to hear of the death of our very old club mate, Bill Hines. Although he had not been able to come along to meetings for many months owing to poor health, Billy had always been a stalwart member of the Birmingham club

and attended many Midland club meetings when we moved our premises. He must have been a founder member.

A floral tribute was sent on behalf of the Midland club and we send our deepest sympathy to his family.

DOUG CASHMORE
Secretary

FAMILY NEWS

Silver Wedding

Many congratulations to *Mr. and Mrs. Philip Bagwell* of Salisbury, Wilts., who celebrated their Silver Wedding Anniversary on 6th May, 1975.

Ruby Wedding

Sincere congratulations to *Mr. and Mrs. Willie Barker* of Bradford, Yorks., who celebrated their Ruby Wedding Anniversary on 20th April. They held a party to mark this occasion and it was attended by about thirty members of their family and friends.

Grandfathers

Congratulations to:

Jimmy Ellis of Pinelands, Cape Town, South Africa, on the safe arrival of a grandson, Ross James, born to his daughter Linda Mary and son-in-law Bruce, on 3rd May, 1975.

W. B. Hargreaves, of Whitchurch, Shropshire, who is delighted to announce the birth of his second grand-daughter, Heather, born to his daughter, Diana Burnett, and her husband in Oakville, Canada, on the 10th March, 1975.

Alfred Earwaker of Southampton, who is happy to announce the arrival of a grandson, Peter John, born to their eldest son and daughter-in-law on 9th February, 1975. He is a brother for Samantha and is the first grandchild to be able to carry on the family name.

1st PRIZE

Geoffrey Andrew of New Southgate, London, N11 has been successful again in a recent National Competition in which competitors were both sighted and non-sighted. He was awarded 1st Prize for

In Memory

It is with great regret we have to record the deaths of the following St. Dunstaners and we offer our deepest sympathy to their widows, families and friends.

Edward Astbury. South Lancashire Regiment

Edward Astbury of Saltdean, East Sussex, died 25th April, 1975, whilst staying at Pearson House, Brighton. He was 81 years old.

He enlisted in the South Lancashire Regiment in 1915 and served with them until his discharge in 1919. He joined St. Dunstan's in 1938. In those days he lived in Lancashire and as a hobby he kept a few poultry.

He quickly learnt handicrafts whilst training at St. Dunstan's and became a craftsman in cane chair and basket work and accepted local orders for a variety of work, including the re-seating of antique chairs.

During the 2nd World War Edward worked as an inspector in an aircraft factory.

When St. Dunstan's moved to Church Stretton, Edward was asked to undertake the job of Basket Instructor and was later transferred to Ovingdean where he continued to work as an Instructor until his retirement in 1959. Over the years, his wife's health had given cause for serious concern and Mrs. Astbury died in March 1970.

Following the death of his wife Edward stayed with his married daughter and her husband, Mr. and Mrs. Bates, in Manchester, returning to

Basketry as well as a 'Highly Commended' Certificate in respect of his stool-work. Geoffrey works for Home Industries as a basket maker.

Deaths

We offer our very sincere sympathy to:

Thomas Aspinall of St. Helen's, Lancs., on the death of his mother who passed away on 9th February, 1975.

Richard C. A. Jones of Port Talbot, West Glamorgan, who mourns the death of his mother who passed away on 11th April, 1975.

his home in Saltdean where he managed with temporary domestic help until a few years back when he stayed for longer periods at Pearson House.

Numerous St. Dunstaners who remember 'Ted' Astbury as their Instructor will mourn his passing.

He leaves his married daughter and her husband, Mr. and Mrs. Bates, who have at all times visited him and invited him to spend holidays in their home.

Joseph Boyce. 7th Rifle Regiment

Joseph Boyce of Malone Road, Belfast, Northern Ireland, died on 14th April, 1975 whilst attending a meeting in Larne, Co. Antrim. He was 77 years of age.

He enlisted in the 7th Rifle Regiment in April 1916 and served with them until his discharge in September 1917. He came to St. Dunstan's in that year.

Joseph trained in massage and on completing his training worked for a short time in hospital work and then he established himself very successfully in private practice. In later years he combined this for a while with work at the Belfast Hospital for Children.

At one time he served as physiotherapist to the Irish Rugby Union football team and he was always particularly interested in the rugby players at Queen's University, Belfast. Recently he carried out sessional work with John Mackie's, Engineers, in Belfast in addition to his very busy private practice.

His wife passed away in June 1974 and he leaves his married daughter, Mrs. Maureen O'Neill.

Alfred Henry Carpenter. *Suffolk Regiment*

Alfred Henry Carpenter of Ipswich, Suffolk, died at his home on 12th April, 1975. He was 58 years of age.

He enlisted in the Suffolk Regiment in 1940 and served with them until his discharge in 1946. He was a prisoner of war when his vision failed to some extent and in 1948 he trained as a telephonist at St. Dunstan's. He settled very successfully in this occupation in 1950 and when some nine years later his sight failed still further he became a full member of St. Dunstan's.

When his retirement became necessary for health reasons in 1971, Mr. Carpenter had completed 21 years with his firm.

He leaves a widow, Mrs. Gladys Carpenter and his two daughters, Madeline and Ursula.

Thomas Cheshire. *Royal Engineers*

Thomas Cheshire of Studham, Dunstable, Bedfordshire, died at Pearson House, Brighton, on 1st May, 1975. He was 83 years of age.

He enlisted in the Royal Engineers in November 1915 and served with them until his discharge in March 1919 when he came to St. Dunstan's.

He trained as a boot repairer and made this his occupation together with some poultry keeping. About two years later, however, Thomas began to concentrate more on his poultry and garden, combining this with mat making and he worked at these occupations for as long as he was able. Even in later years when his health was not too good, Thomas still took a very keen interest in his garden and always very much enjoyed his visits to Brighton for holidays. When he became ill during April he came to Northgate House for nursing but unfortunately his health continued to deteriorate.

He leaves a widow, Mrs. Nellie Cheshire, their son Leslie, and their three daughters, Joan, Dora and Betty.

John James Joyce. *Cheshire Regiment*

John James Joyce of Datchet, Slough, Bucks., died at Pearson House, Brighton, on 9th May, 1975, three weeks before his 90th birthday.

He enlisted in the Cheshire Regiment in November 1916 and served with them until his discharge in October 1918. He came to St. Dunstan's in 1949. He was a widower when he joined us and lived with one of his married daughters, Mrs. E. Tatum.

Due to increasing poor health he became a permanent resident at Pearson House in 1966 and sadly in 1972 he had a partial amputation of his left leg, but showed great fortitude and courage. To the end he remained popular with Matron, staff and fellow St. Dunstaners.

He leaves five grown up children, Mrs. V. Martin, Mrs. E. Tatum, Mrs. M. Bousfield, Mrs. K. Moule and Mr. Jack Joyce, the last two both of whom reside in Australia.

Charles Percy Heselton. *Royal Horse Artillery and Royal Field Artillery*

C. P. Heselton, of Scarborough, Yorkshire, died on the 17th February, 1975. He was 88 years of age.

He was commissioned and served throughout the First War and then was a businessman for many years until his retirement. He and his wife also had many charitable interests in Scarborough. His sight ultimately failed as a result of mustard gas and he came to St. Dunstan's in August, 1973.

He leaves a widow and married son and grandchildren.

Alfred Oliver McCarthy, M.C. *Royal Artillery*

Lieut-Colonel A. O. McCarthy, of Godalming, Surrey, died at his home on the 8th May, 1975. He was 81 years of age.

He was a Regular Soldier, who enlisted in 1915 and served for over 30 years. He was severely wounded in North Africa during the Second War. His sight ultimately failed and he came to St. Dunstan's in April, 1975; by then he was very seriously ill, but was nursed devotedly by his wife and family.

He leaves a widow and son and daughter, both married.

Hugh Graham Neish. *Royal Tank Regiment*

Major H. G. Neish, of London, died at Pearson House on the 15th April, 1975. He was 77 years of age.

He served in the Regular Army from 1915 until he retired in 1948. His sight ultimately failed and he was very seriously ill by the time he came to St. Dunstan's and went to Pearson House a few months ago.

He was a single man with no immediate family.

Alfred Smith.

First World War. *East Yorkshire Regiment, West Yorkshire Regiment and Northumberland Fusiliers*

Second World War. *Royal Air Force*

Alfred Smith of Clayton, Newcastle-under-Lyme, Staffs., died in hospital on 20th April, 1975. He was 75 years of age.

He enlisted in East Yorkshire Regiment in 1917 and served until his discharge in 1920. He served in both World Wars and was in the Royal Air Force from 1940-1946. He received mustard gas poisoning in the First World War but it was not until much later in life that his sight failed completely and he was, in fact, able to work until 1961, when he retired.

He joined St. Dunstan's in February 1975 and only a few months before this he and his wife moved from Morecambe to Newcastle to be near their married son, in view of Alfred's failing health. Unfortunately his health did not improve.

He leaves a widow, Mrs. Clara Smith and their son.