



St Dunstons
Review
February 1981

Message from the Chairman

J. E. F. Wright, O.B.E., D.F.C.

Jimmy Wright is a well-known figure in many fields—as a Guinea Pig and St. Dunstaner, because of his wartime activities in the R.A.F. and the serious injuries he sustained; in the film world, where he was a camera-man before the Second World War and to which he returned to become a successful producer of documentary and other films; and as a member of various Committees concerned with the welfare of the handicapped. In the New Year's Honours List he has received a further distinction by the award of an 'O.B.E.' for services to the disabled.

All of us at St. Dunstan's know and admire Jimmy's many achievements and we congratulate him and his wife, Janet, who gives him such wonderful support in all he undertakes. Christopher and Nicholas must be very proud of their parents and many handicapped people are grateful for their understanding and work on their behalf.

GREETINGS

We both thank you all so much for your beautiful Christmas cards, letters and all your good wishes, which surround us at this season of goodwill.

There are many St. Dunstaners who are confined to their immediate home areas by illness and others living overseas whom we do not meet and this Christmas link with them and their families and with widows is very precious to us.

We send you all our best wishes for 1981.

Jon Earnest-Dave

ADDITIONAL DATES FOR 1981

May 30/31st
Bridge Weekend

December 4th/7th
Bridge Congress
and instruction

Please note that the dates of this year's camp at H.M.S. Daedalus have had to be changed. The camp will now start 7th August and not 14th August. Please see this page for further details. The musical activity week will now be from 17th-21st August.

VALUABLES

Would all St. Dunstaners coming to either of our Brighton Homes please remember the facility we offer of keeping valuables and money in a safe.

Either Matron will be pleased to do this for any resident, no matter how long they plan to stay.

Dr. R. Stilwell

Racing Fixtures

We have arranged an interesting and varied list of Racing Fixtures for the coming Season and hope that all racing enthusiasts will have pleasure from this. Special note may be made of the period 28th July to the 6th August when we have the following:—

Goodwood 28th, 29th, 30th and 31st July
Brighton 4th, 5th and 6th August

Other fixtures are planned from March to October depending on numbers interested and weather conditions.

Dr. R. Stilwell
Medical Officer
Administrator

CAMP AT H.M.S. DAEDALUS 1981

This year the Royal Navy have invited us to camp at H.M.S. Daedalus from Friday, 7th August 1981 until the morning of Saturday, 15th August and those who have benefited by the Fleet Air Arm's hospitality will want to book themselves in to come again!

Will all those wishing to be considered for a place at camp please contact Elspeth Grant, High Acre, Catmere End, Saffron Waldon, Essex, CB11 4XG (telephone 0799 22874). To avoid disappointment please apply as soon as possible and not later than Monday, 4th May.

E. Grant

NOTE FROM THE ESTATE DEPARTMENT

Free Gas Safety Checks

Make sure your gas appliances and installations are working safely and efficiently — have them serviced only by competent people.

A free gas safety check on your appliances and installation is available to you if:

you are 65 or over and you live alone,

you are a registered handicapped person of any age and you live alone.

This free check includes any necessary adjustments as well as materials up to the cost of £2.50 (inc. VAT). If you are entitled to a free safety check, you can arrange it through your local gas showroom or service centre (the service centre phone number is under "GAS" in your local directory).

St Dunstons Review

No. 726

10p MONTHLY
FEBRUARY

CONTENTS

| | |
|-----------------------------|----|
| Additional Events 1981 | 3 |
| Daedalus Camp | 3 |
| From the Chairman's Postbag | 4 |
| Puzzle Solution | 4 |
| Welcome to St. Dunstan's | 5 |
| Honour for Jimmy Wright | 5 |
| Letters | 6 |
| Orientation and Mobility | 7 |
| Gardening | 8 |
| Mary Jameson - Tribute | 9 |
| Bowls Championships | 12 |
| Archery | 14 |
| Understanding Oil | 18 |
| Mobility Aids at I.F.H. | 20 |



Cover Picture: A study in concentration as Jim Padley bowls in the championships.

From the Chairman's Postbag

From: Allen D. Williams, New South Wales, Australia

You might be interested in news that came to me just lately from St. Dunstan's and all due to the widow of one of our members visiting St. Dunstan's at Brighton earlier in the year. Firstly, I must remind you that I was in Lord Normanby's school in Germany, during the Second World War and had very little contact with anyone from that old school in many years.

However, Mrs. Joan Bryan, the widow, visited your place at Brighton and met Sid Doy and asked him if he knew any Australians who had been at St. Dunstan's. She told me about their conversation and asked me to write to Sid. A woman wrote on Sid's behalf and not only did the letter contain news of Sid and some others, but enclosed a copy of a letter from a Dr. Seleander from Sweden, who used to visit our camp and did some great work as a member of the Y.M.C.A.

Just a few days ago I received a very long and interesting letter from Jimmy Legge who had shared Sid's letter from me and with my address in hand has filled me in with lots of news of a number of that old school. Jim had gained some bad news from my letter too, as the death, in a car accident, of the Australian doctor who had trained him for his new career was mentioned in the letter. He had news of Lord Normanby too and the story of his school in Haina Kloster has greatly interested many people and was surely one of the most unusual schools ever founded under strange circumstances.

From: Mrs. Marjorie MacDonald, Victoria, Australia

As you know my husband, Colin, has now reached 60 years which is a long way from the 25 year old who returned home from the Burma Railway, blinded from malnutrition. As the years pass fewer and fewer people know, or for that matter care, what happened. So it is a wonderful lift when organisations such as St. Dunstan's do so much to help.

From: R. Archer, Victoria, Australia

In September and October 1917 three Australians were totally blinded in France. We first met in 2nd London Hospital, part of which was set aside for eye cases. Later we were together in the College, which was bombed during the Second War. Now we live fairly close to each other in Melbourne suburbs. We are, A. F. McConnell, G. V. Watson and myself. Also in Melbourne are C. Fankhauser, from the House, and L. Vanselow, from Sussex Place.

Mr. and Mrs. Vanselow celebrated their Diamond Jubilee a few months ago. Naturally, we are all over 80 and enjoy reasonably good health.

When lying in hospital in France, my future appeared to be very bad as no one told me about St. Dunstan's. Later, when transferred to London, my first visitor next morning was the late Sir Arthur Pearson, who gave me a Braille watch and told me about St. D's. In my opinion St. Dunstan's was, and is, the best organisation in the world and has given several thousands of servicemen, blinded in the wars, a useful and a happy life. I feel also that the invention of radio and talking books has been one of the greatest aids to the blind.

TALKING NEWSPAPER

The Cotswold Listener, a talking newspaper, want to increase their circulation. Any St. Dunstan living in north Gloucester, or who may come from that area and now living in another part of the country, who would like to receive the paper should contact Mr. Ian Harris, 39 Old Bath Road, Cheltenham, Gloucester, telephone Cheltenham 517901. The tapes are currently issued on Talking Book machine cassettes and run for about four hours, giving news of the area. In the spring the Cotswold Listener will issue a shorter version on compact cassettes.

Solution to Last Month's Puzzle:

On your right elbow.

Welcome to St. Dunstan's



On behalf of St. Dunstan's, we welcome St. Dunstaners recently admitted to membership and the Review hopes they will settle down happily as members of our family.

James Bumby, of Middleton, Manchester, who joined St. Dunstan's on 12th December. Mr. Bumby served as a driver in the Royal Army Service Corps and was wounded in the Middle East, in 1942. He is married with two daughters.

George Prosser, of Hunderton, Hereford, who joined St. Dunstan's on 3rd December. Mr. Prosser served as a Corporal in the Royal Army Service Corps from 1912 to 1916 and was wounded at Gallipoli, in 1915. He is a widower with two sons and a daughter. Mr. Prosser is 99 years old.

James Ritson, of Ballycotton, County Cork, who joined St. Dunstan's on 28th November. Mr. Ritson served as a Sergeant in the Pioneer Corps during the Second World War. He is a widower with two children.

HONOUR FOR JIMMY WRIGHT

In the New Year's Honours List, Jimmy Wright was made an Officer of the Order of the British Empire (O.B.E.) 'for services to the disabled.'

St. Dunstaners will recall that Jimmy was the producer of the film on St. Dunstan's, 'To Live Again'. In recent years he has rather specialised in films about disability producing a series beginning with 'It's Ability that Counts', the first film about sport for the multi-disabled, 'Get the Picture', on the employment of disabled people, 'To Live Again'—the St. Dunstan's film, 'How to Survive in an Occupied Country', on mental handicap.

For the International Year of Disabled People Jimmy has produced a compilation film, using sequences from all those mentioned, under the title 'Ability is Where You Look for It'. The title is a quote from H.R.H. the Duke of Edinburgh, who introduces the film. It is hoped there will be a



The presentation of the Supakart to Simon Hurrell by Staines Round Table. Jimmy Wright is second from the left in the back row—photo Staines and Egham News.

showing on television.

Jimmy's work for the disabled is not confined to film making. He is a member of the Executive Committee of Disablement in the City, representing blind people, Chairman of the Spelthorne Talking Newspaper and a Vice President of Electronic Aids for the Blind.

As a member of the Spelthorne Branch of the Surrey Voluntary Association for the Blind, he became involved in the Talking News project from the very beginning. He is also involved in an adaptation to permit a blind mother to pull a pram, rickshaw fashion, with her hands free to cope with guide dog or long cane. He hopes the pram manufacturers Silver Cross will take up the idea—and in the meantime the firm has undertaken to supply to blind mothers prams suitable for conversion at one third of the normal price.

His latest project is to find organisations willing to purchase Supakarts, battery operated vehicles for four local disabled children. The first was presented just before Christmas. When 13 year old Simon Hurrell received his Supakart through the efforts of Staines Round Table, Jimmy was there for the culmination of one more effort in his 'services for the disabled'.

LETTERS TO THE EDITOR

From: George Brooks, Saltdean
"Victory Over Blindness"

It is Monday morning I got up rather later than usual. As I staggered towards the kitchen my wife's voice rang out with "the Review has come!" There's a picture of the "Victory" on the front page. Louie then started to read the splendid article by our Editor, David Castleton. As she read out the details of Ron Harmsworth's mammoth task in taking on the construction of the creation of that wonderful old time battle ship, I became absolutely enthralled with all the details of what great patience and concentration that Ron endured and took great pleasure in knowing by his mental sight what it would be like when the "Victory" was completed. As Louie continued, Ron worked an average of four to five hours a day for nineteen months, my piece of toast stopped half way between the table and my mouth and just stopped there until the article was finished.

My imagination and mental sight began to see Ron sorting out the minute pieces holding his breath as he fitted them together and saying to himself, "ah yes, fits nicely!" then the bending of the hull boards, decks, gun ports, masts, until the day arrived when Ron and his wife Claire gazed on their great achievement and of course all the detailed work of the painting of this gigantic model and the help by Claire in giving all her patience and devotion in assisting Ron. I also think of when the decks were not quite correct they had to be taken down again and remade again by the perfectionist Ron Harmsworth. I eventually got that toast to my mouth.

At this very moment I am thinking of the great achievements by our other double handicap comrades Richard Brett, handless doing carpentry and mending a bike, Walley Thomas having written a book "Life in My Hands" he is, as you know, completely deaf and blind, David Bell, handless, ex-university speaks French fluently, Billy Griffiths singer, swimmer, traveller on propaganda for the blind, Tommy Gaygan, also handless, telephonist, Radio Ham. One

can go on giving great credit to lots of our comrades and the words given to Ron's article so very appropriate, "Victory over Blindness".

From: Ken Revis, Oxford

In your January edition you asked to hear from St. Dunstaners who are involved with I.Y.D.P. There must be many who are so involved and I thought you would be interested to hear that as a committee member of the Oxfordshire Association for the blind I am chairman of a sub committee to arrange inter alia the following events for 1981.

1. An evening meal for all the blind people in the County, with an entertainment in which I will be singing.
2. Participation in Sports Day for disabled people.
3. Seminar on attitudes of the able bodied to disabled folk.

On this latter, point 3., there are half a dozen of us blind people on the main committee and three out of five on the sub-committee are blind, we attach great importance to the recent statement of Lord Snowdon, the President of I.Y.D.P. for England, "... all decisions should be made 'with' and not 'for' disabled people ..."

From: Mr. C. D. Wills, Farnham

Will you kindly allow me room in your columns through which to convey to those St. Dunstaners at home and overseas who sent me greetings this Xmas via cards and calendars, my warmest thanks and appreciation. Much as I would like to respond to each one individually it would be a near impossible task. I wish all St. Dunstaners, their wives and widows a happy and healthy 1981.

I feel sure that they would all like to know that the small wooden building I purchased with the money they so generously contributed to my retirement fund, for use as a hobby room, was delivered in July. I duly erected it with the help of an "odd jobber", paid by the suppliers to avoid V.A.T. and spent some time lining it with

hardboard. This was easily cut to size with the electric bench saw presented to me by our friends at the R.N.I.B.

The building is 8' x 12' in natural timber with a green felt tiled roof. It has double casement windows at each end and a bow window in front with double glazed doors and is sited on a corner of the lawn under a group of pines facing the house. I have laid a small area of crazy paving in front and have just completed laying an electric cable under the lawn from the house which has enabled me to wire it for lighting and heating.

I am now embarking on the next stage, that of equipping it for reading, writing, model making and who knows what else. One set of bookshelves is already filled to overflowing and I look forward to spending many leisurely hours during warm summer days enjoying the facilities their generosity has provided and remembering my happy years with them all at St. Dunstan's.

ORIENTATION AND MOBILITY TRAINING

In simple terms the title means getting from A to B or from starting point to destination as efficiently and safely as one knows how, usually with the use of some aid or other. What do we classify as an aid? There are several, to name but a few, sighted guide, guide dog, long cane, guide cane, symbol cane and a few sonic aids. Some fancied more than others in the world of visually handicapped orientation and mobility. Let us run through briefly a few of the more widely used ones.

First there is the sighted guide, and I stand to be corrected, but the most popular is the sighted guide because it means, in most cases, less mental stress to the blind traveller, it offers company and someone to talk to, but it is not necessarily the most efficient. It also means that one's outings be they for work or pleasure are restricted to the availability of the guide which in most cases is not at the discretion of the recipient. Therefore the blind persons dependant on a sighted guide are unable, usually because they cannot afford the time, to do some kind of formalised training that will undoubtedly improve their chances of becoming more independently mobile, and become semi prisoners waiting for someone to call for them.

We then have the aid of the guide dog, requiring special training at a guide dog training centre. After preliminary consultation and final acceptance one is directed to one of the centres where one lives in and spends one month being trained with the dog. One has to give very careful consideration before deciding to accept the responsibility of being the owner of such a valuable animal. It is your duty to care for the dog in every way from feeding, grooming, exercising, vetting, kennelling etc., and finally maintaining its discipline in order that you both may travel safely and efficiently, not a responsibility to be taken lightly, but once taken will open a new world for you.

Then we have the different types of canes, first the long cane, which like the guide dog requires special training by professionally qualified instructors. The training course can last from a maximum of 12 weeks, at two hourly lessons per day on a five day week for a newly blinded person utilising the rest of the day learning other blind skills such as Braille typing etc., all necessary for one's basic rehabilitation. Where the person has been previously motivated the length of training time can be shortened, similarly a person with some degree of remaining vision, but needing to use blind skills, could take less time again, but in most cases to allow the person time and practice 60 hours actual training would be regarded as a minimum to achieve any degree of safety and efficiency.

Symbol Cane

The guide cane is usually used by persons with some remaining vision and is available in different lengths and can be used using the long cane technique. It is collapsible but quite cumbersome for the pocket and almost impossible to repair oneself. Finally there is the symbol cane, that is the smallest of them all and is really only meant as a symbol of one's visual handicap and not suitable for good outdoor mobility. However, it is invaluable when used for the purpose it is meant for. It will afford you every consideration and help from the sighted, be they pedestrians or drivers, and one is advised to display it on all outdoor travel particularly when being escorted, it helps tremendously to give you and your escort more right of way.

I have covered the aids most widely used,

the choice as always is that of the individual and his environmental circumstances very often will dictate the aid which will be best for him/her, but whichever it is, there is a training course available here at IFH, and secondly via your Social Services Department where most local authorities do employ a mobility teacher, all very highly qualified and all having had experience of what they teach, by being trained in the dark.

If you have a need to improve YOUR mobility you should write to me in the first instance at IFH, when the matter can be discussed and advice given. You would be surprised what there is to learn even to the simple basic skills of teaching a sighted guide how to be much more efficient, there is nothing to be lost, but plenty to gain.

J. Carnochan
Mobility Instructor

D. F. Robinson's

Gardening Column

I do hope the weather improves so that we can get a few things done in the garden. It would be better to have some really wintry weather than all this rain. I was lucky to have got all my digging done during some dry spells. The roses I put in early seem to have settled down nicely, with some new shoots showing well. Try to finish all the digging, but do not put in any new plants until next month.

It is extraordinary how many new types of well known bedding plants appear in the catalogues each year. There are plenty more for sale, though the prices are high, but do try one or two of the new varieties. However, normally use the types that have done well in previous years as some of these new varieties need to be grown in really ideal conditions, which is not always the case in our gardens and greenhouses.

Vegetables

Keep the soil in the vegetable patch free of weeds by hoeing and raking, when the weather allows. Clear the beds of the greens which are over and dig them over. Trench the bed where the onions are to be grown and add plenty of compost or manure to the bottom of the trench.

Get all the pea and bean sticks ready, as they will be needed fairly soon. If there are heads showing on the broccoli bend a leaf over each head to protect them and earth up early peas and beans to protect them from the bad weather to come.

Continue to sprout the potatoes and sow nearly all the vegetable seeds for planting out next month. Thin the seeds out as they germinate to get good sized plants later. Put the seedlings outside as soon as possible to get them hardened off, but do protect them with newspaper, or polythene, when frost is forecast.

In a frost free place you can start off some tomatoes, but they will need heat for some time, as well as plenty of protection, to get them up to a good size before putting them outside when the frosts have gone—which may not be until the early summer!

Fruit

Complete pruning the fruit trees this month and cut away any dying or broken shoots and branches. Spread some manure around the base of the trees, or over the roots of the bushes. If you have no manure or compost put down some old straw and water it with liquid manure, this will work its way down.

New strawberry beds can be made now and the old ones cleared up. If you have any fruit trees in the greenhouse finish cleaning, training and pruning them. Fumigate with nicotine, or one of the more modern fungicides, if there is greenfly. Use fungicides against mildew and mould.

If you do not have many bees in the garden, you can fertilise fruit trees by transferring pollen from flower to flower with a feather, or a camel hair brush. Check that the canes and stakes for the soft fruits are in a good state of repair and if not replace them before any real growth begins.

Flower border

Get the flower beds in shape for spring sowing and planting, keep hoeing and raking to make the soil friable and free of weeds. A number of perennials can be planted now, but only when the weather is suitable, if they arrive in bad conditions heel them in a warm place, or in a box with enough soil in it for the roots and put the box in a well lit position.

Dress the beds with manure or compost

as this will not only boost the plants, but also blot out emerging weeds. Bulbs will be showing now and if the tulips and daffodils grow too tall, do put a stake in and tie them up. You can sow seeds of antirrhinum, lobelia, petunia, verbena and nemesia now if you have some gentle heat in a shed, garage or airing cupboard (if there is room!). Autumn sown hardy annuals can be put into their flowering positions—when the weather is suitable.

In the greenhouse, get a good start with all those seeds for planting outdoors in the early summer and the others for shows under glass and in the house from late summer to Christmas. Keep the heat up to 40°F., although 50°F. is better for maintaining growing plants and cuttings which have been rooted in small pots. Remember that the heat will be better on the staging away from the glass and not on the shelving. Do not do too much watering and do use smokes against insects and

Research Comment

A TRIBUTE TO MARY JAMESON

by RICHARD DUFTON St. Dunstan's Research Consultant

The passing of Miss Mary Jameson, reported in last month's *Review* ended an era when her name became synonymous with Optophone print reading. In translating the machine's musical code she demonstrated an exceptionally high level of auditory perception, an ability to remember sounds and rhythmic patterns representing letter and word shapes.

About thirty years ago, Professor R. L. Beurle, a member of St. Dunstan's research staff, conducted reading trials with a group of four Optophone readers, and the results recorded in his doctoral thesis, show that Miss Jameson read at forty words per minute, her gifted friends read at about half this speed . . . all read Braille at 130 words per minute or better.

In 1962, she performed the remarkable feat of reading the whole of Lord Fraser's book, "My Story of St. Dunstan's" within three months of its publication.

In the U.S.A. her prowess attracted the attention of senior officials of the Veterans Administration, the Government Department responsible for the welfare of all ex-service blind. Their New York Division,

moulds. Keep the glass clean and open the windows when you can, as plants will need as much light and ventilation as they can get.

Remember seeds germinate best in a warm dark place, so cover the glass or polythene with newspaper or cardboard. If the compost does dry off, moisten it with a fine mist spray, or immerse the whole container in water until the soil feels damp. When the seeds emerge bring it into the light.

Get the tomatoes and cucumbers started so they are good sized plants in the growing season. You can also start off achimenes, begonias and gloxinias in pots, or boxes, with plenty of bottom heat. Peat is quite a good starter and when they have reached a good size they can be transplanted into compost. Dahlias can be started in the same way and cuttings can be taken from the shoots as they come up.

through our Research Department, sent the latest miniaturised reading aids for her appraisal and, in turn, this led to a close liaison with fellow blind researchers at the V.A.'s Heinz Centre and also with the Hadley School for the Blind, Illinois. Miss Jameson communicated her expertise and her enthusiasm across the Atlantic, through the medium of tape recordings, their production in London was under the expert guidance of Norman French, St. Dunstan's Research Engineer, who devised adaptations to the equipment and coupled recorders to capture the sounds of the British and American machines.

We are left to ponder a life of rare character, of sustained motivation and endeavour in the interests of research and blind people everywhere.

In conversation, she explained her enthusiasm for the Optophone, saying it was not only the independence it brought, but also "calm of mind" that resulted from this independence.

It was indeed a great privilege to have known Mary Jameson for the past twenty years.

CASSETTE LIBRARY

Below is a complete list of cassettes held in the library as at 1st February, 1981. They may be obtained by sending the appropriate length tape to the PR Department, stating clearly your address, the reference number and title of the tape you wish to be copied.

| | | | | | | |
|-----|-----|-----------|---|-----|--------------|--|
| SD1 | C90 | Tk 1 | Speech by HRH Duchess of Kent, at IFH. Commandant's farewell reunion speech | G13 | C90 | Black Box in flight recorder |
| | | Tk 2 | Mr. Will's farewell reunion speech | G14 | C60 | Instructions for Sharp talking clock |
| SD2 | C90 | Tk 1 | Lord Fraser's Memorial Service | G15 | C60 | Tk 1 Radio 4 programme on citizen's band radio |
| | | Tk 2 | Lady Fraser's Memorial Service | R1 | C90 | New R.A.E. exam |
| SD3 | C60 | 1 tk only | St. Dunstan's Dance Band, 1927 | R2 | C90 | Interference |
| SD4 | C60 | | Lord Fraser 1952—Wireless for Blind Appeal, In Town Tonight | R3 | C90 | Repeaters and 70 cms. |
| SD5 | C90 | | KRM press conference, radio and t.v. extracts | R4 | C90 | New licence regulations |
| SD6 | C60 | Tk 1 | Sound track "To Live Again" | R5 | C90 | Morse code, slow time |
| | | Tk 2 | Sound track "Ability Is Where You Look For It" | R6 | C90 | Morse code, quicker time |
| SD7 | C60 | | Stephen Jack reads poetry | R7 | C90 | R. Ham satellites |
| G1 | C60 | | P. Jones, D.I.Y. hints | R8 | C90 | 5RV Antenna |
| G2 | C90 | | R. Smith, ultra sounds, bats, whales | R9 | C90 | Frank Hennig, radio experiences |
| G3 | C90 | | R. Smith, visit to the Hebrides | R10 | C90 | Radio teletype |
| G4 | C90 | | Interview with R. Dufton, on research | R11 | C90 | Worked all Britain award |
| | | Tk 2 | TSI reading machine demonstrations | R12 | 2 cassettes | |
| G5 | C60 | | Braille tape recorder specifications | R13 | C90 | R.A.E. revision notes |
| G6 | C90 | | Sound track, t.v. series "Gardeners World" | R14 | C90 | L. Varney, trip to South America |
| G7 | C90 | | R. Smith, visit to Shetland Islands | R15 | C90 | D. Evans on microwaves |
| G8 | C60 | | Invisible Astronomy | R16 | C90 | Ragchew No. 1 November 1978 |
| G9 | C90 | | Acol bridge system | R17 | C90 | Ragchew No. 2 May 1978 |
| G10 | C90 | | Instructions for Fidelity Chess Challenger | R18 | C90 | NE 555 IC timer unit |
| G11 | C90 | Tk 1 | Radio 4, "Machines That Talk" | R19 | C90 | P. Jones, wiring by touch |
| | | Tk 2 | "Machines With Ears" | R20 | C90 | R.A.E. papers May 1979 |
| G12 | C90 | | "Which" report on music centres under £250 | R21 | C90 | Tele-communications |
| | | | | R22 | C90 | Ragchew No. 3 August 1979 |
| | | | | R23 | C90 | Talk on HM Coastguards |
| | | | | R24 | C90 | Ragchew No. 4 November 1979 |
| | | | | R25 | 4 cassettes | H. Hatch, life with the BBC |
| | | | | | C90 | "So you want to pass the R.A.E." from Practical Wireless |
| | | | | R26 | C90 | Ragchew No. 5 |
| | | | | R27 | C90 | Ragchew No. 6 |
| | | | | R28 | 11 cassettes | |
| | | | | | C90 | A guide to amateur radio |
| | | | | R29 | C90 | Q code, index to above |
| | | | | R30 | C90 | Ragchew No. 7 November, 1980 |

READING TIME

Cat. No. 2803

Desert Island Discs

By Roy Plomley

Ready by Gabriel Woolf

Reading Time 8¼ hours

However rich or famous a person is, or may become, surely the ultimate accolade, the very pinnacle of immortality, with a price above rubies, must be to be cast away on the BBC's (by now grossly overcrowded) Desert Island.

It is the longest-running radio programme in the world, it is broadcast worldwide — even to the USSR.

Its castaways have widely different backgrounds and achievements, and range from pop stars to singers, from footballers to men of letters. Vic Oliver was the first, and Arthur Askey (for reasons not explained in the book) has been "cast away" no less than three times. Arthur Rubinstein requested as his "luxury" a revolver!

It's all very interesting and bristles with anecdotes about the famous and explains exactly how the programme is made. If you listen to Desert Island Discs, either regularly or — as I do — only spasmodically, you will want to read this book.

READING TIME *Continued*

Cat. No. 2642

Mrs. Harris goes to Moscow

By Paul Gallico

Read by Elizabeth Proud

Reading Time 5½ hours

About a year before the story opens, Geoffrey Lockwood had gone and fallen in love with a beautiful Intourist guide whilst in Moscow researching a book. Needless to say, she loves him back, but naturally the Soviet authorities won't let her follow her love to England.

And now Geoffrey is very much down in the dumps. He dare not write to her and his proposed trip to Moscow is off, he is *persona non grata* in the USSR on account of the nasty things he said about them in a book.

Now enter Mrs. Harris, his jewel of a charlady. She has just won a trip for two to Moscow in a Charity Draw, (she really wanted a colour telly) and suggests that she take his letter to the girl, concealed about her person. Mrs. H. is an incurable romantic and secretly hopes that by some miracle she will be able to spirit the beautiful Muscovite out of Russia and deliver her into Geoffrey's arms.

Off, then, to Moscow goes Mrs. Harris and her bosom chum Vi Butterworth, terror-stricken at what they are doing and firmly convinced that they will be caught and despatched to a Siberian labour camp for the term of their natural lives . . .

Gallico does it again! A monster entertaining book, a wickedly funny send-up of Soviet bureaucracy.

Cat. No. 1714

Cold Comfort Farm

By Stella Gibbons

Read by Elizabeth Proud

Reading Time 9½ hours

Flora Post is an orphan and at nineteen, a resourceful and determined young lady. She has an annual income of £100, and decides to "become a parasite and live on her relations". She writes to them all. A strange and mysteriously worded letter from Cold Comfort Farm arrives and she promptly makes up her mind. This is the place for her.

The farm proves to be a large ramshackle place, choc-a-block with the most weird characters, all called Starkadder. There's Adam, a half-witted ninety-year-old, the lachrymose Judith, the will-o'-the-whisp Elphine, a large assortment of male cousins, some of whom exhibit signs of near-sanity and the matriarchal head of the clan who "once saw something nasty in the woodshed". The cows are called Aimless, Graceless, Feckless and Pointless.

Flora decides that her peculiar relatives are ripe for improvement and sets about getting them sorted out . . .

I enjoyed this gem of a book every bit as much as I did when first I read it, nearly forty years ago. It is a marvellously funny gentle satire on the earthy, passion-among-the-cabbages novels of the period.

Cat. No. 3223

Excellent Women

By Barbara Pym

Read by Carol Marsh

Reading Time 10¾ hours

The narrator is Mildred Larsbury, aged thirty-two and a spinster (her description). Her parents are dead (her father was a vicar) and she lives alone in a flat in a large house, "on the wrong side of Victoria station". She works part time in the office of an organisation which looks after the needs of Impoverished Gentlewomen.

The "excellent women" of the title are the ladies of the nearby church who are very active in "the daily round, the common task" of church affairs, the bun-fights, the flowers, the jumble sales. There is a certain amount of genteel in fighting and a marked preoccupation with minor storms in very small tea-cups.

But life is by no means dull for Mildred. There are her neighbours, the Tysons, with their untidy Bohemian lifestyle, their marital squabbles. Then there's the irascible Everard Bone, friendly enough towards Mildred. He's what the good ladies would call "an eligible bachelor." Her very dear friend the vicar is also young — and unmarried. Is it conceivable that Mildred will eventually marry one of these gentlemen? . . .

An amiable book, bland as a salt-free diet, but a nice comfortable read for all that.



1980 INDOOR BOWLS CHAMPIONSHIPS

by J. Carnochan, Sports Organiser

The 1980 Championships saw a record entry of 38 competitors, and the few days prior to the start of the competitions saw the bowling rink in full use from dawn to dusk with bowlers queuing for practice. The large entry necessitated an extra week in order that the competitions could be completed, even then matches had to be played throughout both weekends, in all 122 matches were played, covering 5 competitions, TB, PS, DH, Pairs and Triples. Competition was keen and there were many surprise results particularly in Triples KO when the hot favourites, W. Davies, P. Stubbs and R. Forshaw, were trounced by lesser mortals, Brenda Rea, J. Morrish and R. Palmer, who were worthy winners of the newly donated Percy Acton Trophy. This trophy is the result of voluntary contributions organised by Ted Brown and Percy Stubbs, as a memorial to the late Percy Acton who was a very keen bowler and always took part in all the competitions. The Singles tournaments provided some very fine bowling, and it is little wonder that David Bryant, the world champion, decided to turn pro. He wouldn't have stood an earthly against some of

these bowlers, (providing he was blind-folded). The championships concluded with a very lively social evening and dance in the Annexe where during the interval Dr. Stilwell presented the trophies and medals.

Usually in a year of bowling both indoor and out, attending most of the tournaments one becomes familiar with styles and expertise of most of our St. Dunstan's bowlers, and I think most of the bowling fraternity will agree usually someone stands out a bit better than most, or has steadily improved throughout the year, and in this case I think it is fair to say that Jim Padley could merit the title of 'our bowler of the year', closely followed by Percy Stubbs. We also had some very exciting bowling from the oldest competitor of this year's championships, Bob Dorling, who celebrated his 81st birthday during the competitions.

The next bowling tournament is March 2nd-6th followed by Micky Robinson's Handicap Championships, so please do not forget to book your accommodation through HQ and send your intention to participate to me for the first week's tournament and to Micky for the Handicap.

SINGLES

| | | |
|----|----------------|------------|
| TB | Winner | J. Padley |
| | Runner-up | P. Stubbs |
| | Losing | J. Cope & |
| | Semi-finalists | R. Osborne |

| | | |
|----|----------------|-------------|
| PS | Winner | E. Brown |
| | Runner-up | R. Forshaw |
| | Losing | A. Carter & |
| | Semi-finalists | L. Scales |

| | | |
|----|-----------|--------------|
| DH | Winner | R. Brett |
| | Runner-up | W. Griffiths |

PAIRS

| | |
|----------------|--|
| Winners | J. Padley W. Davies |
| Runners-up | H. Preedy A. Morris |
| Losing | J. Morrish |
| Semi-finalists | P. Surridge & T. Muga T. Wiggins |

TRIPLES

| | |
|----------------|---|
| Winners | B. Rea (Mrs.) J. Morrish R. Palmer |
| Runners-up | W. Davies P. Stubbs R. Forshaw |
| Losing | E. Brown |
| Semi-finalists | J. McDermott J. Padley & J. Robinson J. Simpson D. Bell |

A Bowler's "If"

With apologies to Mr. Kipling

By Peggie Brett

If you can bowl your wood when all about you
Are kicking up a racket, "Order, please!"
If you can smile, and shrug, and say "Well played, sir!"
When someone takes the shot you held with ease.
If you can chance an unaccustomed Back-hand
When "Blockers" make the fore-hand green impos-
sible,
Then, when your Back-hand travels wide, and heavy,
Can curb your language, and accept your loss.
If you can take the Jack, and stay beside it,
Till one last wood—not yours—remains to play,
Then see that demon wood do all the damage . . .
To take the wretched Kitty clean away.
If you can take four shots, and hear men cheering,
Yet keep your feet set firmly on the green,
Telling yourself, with genuine conviction,
You're NOT the finest player ever seen.
If you can tell the stories of your failures
As willingly as those of your success . . .
Then you alone, among your fellow bowlers,
Will play alone, and STAY alone, I guess!

All the winners!





Shooting indoors at the Worthing Sports Centre.

St. Dunstan's Archery Club and Archery Week, December 1980

By Sid Jones

Those interested and able to attend the winter archery shoot, assembled at Ian Fraser House on 27th and 28th November and the activities commenced with training sessions in the Annexe, on the 29th and 30th. However, as usual, much negotiation, cooperation, collaboration and damn' hard work had gone into things before we St. Dunstaners arrived there. Laurie Austin had the Annexe prepared with carpets, safety nets and three target bosses on trestles, when the members of the Steering Committee arrived to look at the facilities.

During practice, that afternoon, Laurie Austin introduced us all to a friend of his, Thelma Barber, an Olympic archery coach, and her friend, Malcolm. Both Thelma and Malcolm gave us tremendous guidance and help that afternoon. Her final summing up of our efforts was one of tremendous enthusiasm. She did say that there are a lot of faults to correct and a lot of hard work to be done, but she looks forward to the day when she brings a team from her own club to compete with us at St. Dunstan's.

Monday morning saw us up for early breakfast and our coach run to Worthing for our first days' shooting at the Worthing Sports Centre. Here I must thank the dining-room and transport staff, at Ian Fraser House, for the extra efforts they put in for us whenever our itinerary required and thank you too to Dr. Stilwell and Jock Carnochan for the organisation and the availability of these facilities which made possible two magnificent days at the Worthing Sports Centre.

Even without the archery the general consensus of opinion was that they were two great days out anyway, but with the archery it was just superb. Many, many thanks to the manager at the Sports Centre and his staff for the way they received us and for all the help they gave us. Apologies to Ernie Cookson and Skipper Hines for the amount of waiting they had to do and a very, very sincere apology to George Jakin who, I understand, got no shooting at all. Don't give up George, you'll get plenty in the future.

However, even when sitting around on an archery shoot, one learns a lot about archery, such as the fact that SAS means Southern Archery Specialist, or Silent Archery Shoot, and that a Pile is the point at the end of the arrow and not the amount of money Tom Page spent at the Southern Archery Specialist on bows for every shoot. Sid Jones found that you get a better score if you shoot the arrow with the pointed end in front and not the feathers, although judging by his score he discovered this rather late in the day and Skipper Hines found out that a Portsmouth Round does not mean a double whisky for everybody on the trip! What a great day and a terrific start to a marvellous week.

Inaugural Club Meeting

Tuesday morning in the Winter Garden, at Ian Fraser House, was set aside for a business session and we held a successful inaugural meeting of the St. Dunstan's Archery Club. We discussed and agreed the constitution and took nominations for the Committee, under the very able and capable Chairmanship of Norman Perry, ably assisted by Jock Carnochan and Philip Vanburen, Sussex County Coach. What a wonderful help Philip has been, together with Laurie Austin, giving us instruction in archery and really getting the St. Dunstan's Archery Club show on the road.

Tuesday afternoon, in the Winter

Garden, we met John Burgess, the Coordinator for Disabled Archers, of the Grand National Archery Society, the governing body for archery in this country, and his assistant Alf Webb. Alf gave us a fascinating talk on the history and development of archery as a sport in this country and then produced a marvellously varied selection of bows and arrows, which he has collected over the years. These were passed round amongst us and both Alf and John spent endless time explaining and discussing the uses, advantages and disadvantages of all these different bows and arrows, taking time out with each St. Dunstaner to explain and answer any questions. A very practical and interesting introduction to the background of our sport.

Alf's talk, that evening, about his experiences with the tribesmen of the Kalahari Desert will long be remembered as one of the most interesting and amusing talks ever given in the Winter Gardens at Ian Fraser House. Both John and Alf joined us at the Worthing Sports Centre, for our second days' shooting, and we will always be grateful for the enthusiastic assistance and advice which they gave to one and all. We look forward to meeting them again and they have promised to come to our summer shoot in 1981.

Thursday was set aside for a visit to the Edgerton target factory, near Guildford. Mr.





Stan Sosabowski at Worthing.

Phil Duffee straightening arrows.



Edgerton, senior, welcomed us on behalf of himself, his son and his staff and described how, as an archer, he had found himself and others rather dissatisfied with the quality of the target bosses and how he set about designing and producing a superior product. He went on to describe how he had designed and made the machinery with which to produce these new bosses in quantity, for supply to customers all over the U.K. and Europe.

Conducted Tour

We were then taken on a conducted tour of the works by Mr. Edgerton and his son, all our questions being answered in detail by these two charming gentlemen and by the rest of their staff. We were allowed to examine the machinery and to handle target bosses at all stages of the manufacturing process.

Between shut down the previous night and our arrival that morning the whole works had been cleaned, all dangerous obstacles removed and all oil and grease removed from the machinery so that we could touch everything without soiling our hands. Production did not recommence, on Thursday, until after our visit had finished. What a wonderful gesture on the part of Mr. Edgerton.

Parting Gifts

We were welcomed at the works with cups of coffee and sent on our way with a gift of a miniature archery boss and target face mounted on a trestle. Many, many thanks Mr. Edgerton to yourself and your staff for an extremely interesting visit and for the friendship, conviviality, warmth and courtesy extended to the first St. Dunstan's party, but I hope not the last, to visit your works. Many thanks too, to Mrs. Nancy Bickley and to our new care assistant, Kathleen Gould, who volunteered to assist on her day off and came along with us as an escort and guide, helping in so many ways to ensure a truly enjoyable day.

Breakfast on Friday morning was followed by a further business meeting, in the Winter Garden, with the election of the St. Dunstan's Archery Club Committee, who are as follows: Chairman, Norman Perry, Secretary/Treasurer, Phil Duffee,



Fred Galway takes careful aim.

Dunstan's Archery Club, the first archery club for the visually handicapped in the U.K., possibly in Europe and probably the first in the world, together with all their helpers and friends made this, what more than one participant referred to as "One of the best week's I have ever had at St. Dunstan's."

Both prior to and during the December Archery Week a number of St. Dunstaners have spoken of the therapeutic effects of archery. Sufferers from chronic neck and shoulder pain and immobility have found tremendous relief since taking up archery. Those interested should speak to Fred Galway, or Sid Jones, after taking advice from Dr. Stilwell and Gordon Smith concerning the pursuit of archery as a sport in relationship to their own physical condition.

Fred Galway, a keen sportsman before spondylitis confined him to a wheelchair, took up archery in June 1980: "I was having physiotherapy treatment three times a week. I don't need it now." Fred has joined the Alsager Bowmen's Club and pays tribute to the Club Coach, Jack Billington, "It's made all the world of difference to my life and myself. I don't have to sit at home any longer. It's been great for me. I live for archery now."

Committee Members St. Dunstan's Archery Club Coach, St. Dunstan's Sports Officer and three elected St. Dunstaners, Charlie McConaghy, Curly Wagstaff and Sid Jones.

Equipment Check

After lunch on Friday it was back up to the Annexe for a final checking of equipment. Laurie Austin, who now has his first coaching qualification and is well on the way to a second, and Phil Duffee, now working for his first coaching qualification, put in a very useful afternoon's work, tuning bows, checking faults on equipment, advising and encouraging St. Dunstan's archers, a very useful session, which we may well introduce at the start of our next archery week at the beginning of February.

The social evening and festivities, which followed the prize giving, just had to be great after such a marvellous week and brought to the end an extremely successful archery week. The founder members of St.

Archery

Portsmouth Round Results

(5 dozen arrows at 20 yards)

| Seniors TB | Hits | Pts. | Gold |
|-------------------|------|------|------|
| Norman Perry | 58 | 346 | 2 |
| Charlie McConaghy | 38 | 173 | 1 |
| Seniors PS | | | |
| Phil Duffee | 60 | 471 | 5 |
| Bob Forshaw | 58 | 382 | 3 |
| Novices TB | | | |
| Stan Sosabowski | 28 | 124 | 0 |
| Tom Page | 18 | 90 | 0 |
| Novices P/S | | | |
| Ted Paris | 17 | 71 | 1 |
| Jim Hines | 15 | 56 | 0 |
| Wheelchair | | | |
| Tony Dodd | 23 | 93 | 0 |
| Special Class | | | |
| Fred Galway | 74 | 326 | 6 |

UNDERSTANDING WORLD OIL (2)

by Stewart Harris

Continued from December Review

The Oil Industry sustains us all, one way or another. It touches each one of us on the shoulder by fuelling our cars and general transportation, our factories and offices and places of entertainment. Its by-products provide detergents, plastics, chemicals, animal foods and fertilisers—and even synthetic proteins for our own consumption. One might say that its life-support activities are infinite in number. Working as I do within the business, I need no reminders of the omnipresence of oil in my life. It did, however, come most interestingly closer to me just recently when I learned that the French had stationed a frigate named "SUFFREN" at the entrance to the Straits of Hormuz as a protective move for French shipping in the Iran-Iraq war zone. Admiral Suffren de St. Tropez fought several skirmishes at sea against our own Admiral Sir Edward Hughes during the Seven Years War leading up to the Napoleonic Wars of the late 1700's; Admiral Hughes lived in my house from 1785-1787.

Seven Sisters

The touch of world oil on each one of us takes the obvious form of the international oil companies. Few of us can fail to have heard of such major companies as Shell, British Petroleum (BP), Esso, Gulf, Chevron, Mobil and Texaco. They are by far the largest and have become known as "The Seven Sisters". All are American save for Shell which is jointly British and Dutch and BP which is, of course, our very own, half State-owned company.

The levels of size of international and national oil companies are numerous. The mini-majors, as they are called, number Total (part French state-owned), Elf (wholly French state-owned), Petrofina (the Belgian flagship company), Continental Oil (American), Occidental Oil (American and headed by Dr. Armand Hammer, the great art collector), Amoco (the American Standard Oil of Indiana) and ENI of Italy (more popularly known as AGIP on European service stations).

My list of mini-majors is not complete from the world-wide point of view but it does contain the names of those most active in the United Kingdom. Additionally there is a multitude of smaller marketing firms, some international and some national only, which include such names as Burmah, Ultramar, ICI, Murco, Tenneco, Getty, Sun, Avia (a co-operative of small independent, family-owned companies in Western Europe) and a whole host of others which combine exploration, production and marketing, or which operate successfully and exclusively in any one of those three activities.

Of course, one could go on and on with the lists of names and the spheres of operation of each section of the list but it would perhaps be more useful to say which brand names in the United Kingdom apply to which operating companies and to state in very easily digested terms what the position of the UK is with regard to crude oil production, refining and shipping. So let me deal with the popular brand names here in our own home market first of all.

Brand Names

Esso, Shell and BP head the lists of marketing companies in this country and have 5300, 4400 and 5140 service stations respectively. Included in the BP figure of 5140 are approximately 2100 National Benzole stations, a brand which is owned by BP. Moving down the list, Burmah has 840 stations and Jet 832; Jet is the brand owned by the Continental Oil Co., a very large US company with worldwide interests. Further down the list, Ultramar (a British company born in Scotland) has 430 stations, Pace (a privately owned distribution company) has 287 and our co-operative of independent companies, Avia has 215. There are about 50 brands which are being sold at the petrol pump in our islands, most well-known, some obviously not. Of the lesser known ones Thames is sold in Scotland and Southern England, Anglo is sold in the West Country and East Anglia, Thrust and Sheaf in Northern

England and UK in the Midlands and South Wales. There are others such as Rix, Sadler, Little David, Cawood, Phoenix and Arrow and last, but not least, Nafta which is owned by the Russian Trade Commission in London. They all have interesting backgrounds and many have succeeded by dint of hard work and particular entrepreneurial skill.

Now let us deal with our country's position in the world oil league. How do we stand in the different departments of oil reserves, production rates of crude, refining and shipping?

In proven world oil reserves the Middle Eastern countries have 56% with around 50 billion tonnes; Western Europe, of which the UK has the greatest share, has 3.25 billion tonnes which amounts to 3.6%. Quite a difference but a very valuable position for our country none the less. In crude production the UK will notch up about 90 million tonnes of crude this year; Middle Eastern countries will despatch worldwide about 1100 million tonnes. The picture changes, however, in the field of refining for Western Europe's refining capacity stands at 1004 million tonnes whilst the Middle East has 177 million tonnes of capacity. The UK refinery capability totals 131 million tonnes. All these figures are staggering and tend to

anaesthetise the brain but a simple one to remember is the UK position so far as its tanker fleet is concerned. We occupy third position with 247 ships and a dead weight tonnage of 25 million tons. Liberia is in first place with 726 ships and 102 million dead weight tons. There are many more interesting statistics but in such an article as this one finds one's capability of absorption of these giant facts has limitations.

Finally, what about some details about the price we all have to pay? Well, if you have to accept a price at the pump of £1.39, and the level will be back with us during 1981, 63.5p. of that price will be tax and VAT. Of the balance of 75.5p. approximately 7 to 9p. will be profit for the garage owner and depending on the size of the company which delivers to the garage, probably 2 to 3p. will be the cost per gallon to deliver it to the garage; so you can see that by the time every cost has been taken into account the actual value of the gallon of product is pretty low. And if the amount of tax and VAT makes you angry do bear in mind that it is only 45.7% of the total price. When you bought the same amount of petrol in 1950 you paid 3 shillings, the tax was 1s. 6d. and that was 50% of the price. So when you put this short article down you can be comforted in the thought that you are just winning—or are you?

B.E.M. FOR FRED DUFF

Another welcome name to be found in the Honours List is that of Fred Duff, who has been awarded the British Empire Medal. The List describes him as telephonist, Metropolitan Police.

That covers over 50 years service to the Police. First as a member of the force and later as telephonist.

St. Dunstan's race walkers will welcome this honour for Fred, who has been a sighted escort for war-blinded walkers for almost as long as his service with the Police.

One highlight in his service to St. Dunstan's walking was in 1955. When, as an escort to the late Archie Brown, Fred and his partner both became centurions—covering 100 miles of the London to Brighton and back course in 22 hours 12 minutes 7 seconds and the full 104 miles in 23 hours 16 minutes and 58 seconds.

OBITUARY

THE REVEREND FRANK SPURWAY

The Reverend Francis Edward Spurway, beloved husband of Avis Spurway, died peacefully on 30th December. A memorial service will be held on Saturday, 4th April at 3.00 pm at St. Mary's Church, Holmwood, near Dorking (A24 road).

From: David Bell, Edinburgh

Many St. Dunstaners, especially Campers, must be saddened by the death of the Reverend Frank Spurway. The loss of our Padre removes another friend who has looked after our interests for so long, not only as a guide and philosopher, but a well-loved and respected figure, available at all times to listen and advise with compassion and humour.

CHAPEL COLLECTIONS

The donations taken from the collections at the Ian Fraser House Chapel services are as follows:

| | |
|--------------------------------------|--------|
| Italian Relief Fund | £36.45 |
| Royal National Lifeboat Institution | £15.00 |
| Church of England Children's Society | £20.38 |
| Firemen's Welfare Association | £15.00 |

TRIP TO ISRAEL 9th-23rd MAY

There are still places available on this trip. The price is £350 per head. Anyone interested should send to Ray Hazan, at Headquarters, without delay, a cheque, payable to St. Dunstan's for £35. This is a deposit. The detailed itinerary is below:

Saturday, 9th May

Depart Heathrow LY316 15.00 arrive 20.35. Transfer Jerusalem arrive approx. 22.35.

Sunday, 10th May

Depart 10.00 am for tour of Bethlehem and Hebron. Free evening.

Monday, 11th May

Depart 9.00 am for full day day tour of Jerusalem Old and New Cities. Free evening.

Tuesday, 12th May

Depart 8.00 am for full day tour of Dead Sea and Masada, en route Jericho. Free evening.

Wednesday, 13th May

Transfer to Tel Aviv. Depart 10.00 am. Free day and evening.

Thursday, 14th May

Depart 7.30 am for 2 day tour of Golan Heights. On route through Tiberias, Sea of Galilee and Degania. Lunch with Northern Command and tour of area. Night spent in Kibbutz Guest House.

Friday, 15th May

Depart 7.30 am for tour of Nazareth on route back to Tel Aviv through Port of Akko and Caesarea. Free evening.

Saturday, 16th May

Free day and evening.

Sunday, 17th May

Depart 8.00 am for Air Force Base and Parachute School. Lunch on base. Afternoon visit to Jaffa. Free evening.

Monday, 18th May

Depart 10.00 am for Beit Halochem (Rehabilitation Centre for Israeli War Disabled) Tour of Centre. Lunch and leisurely afternoon by pool. Free evening.

Tuesday, 19th May

Depart 9.00 am for airport. Flight depart 10.30 am for Eilat on Red Sea. Arrive Eilat 11.15 am. Transfer hotel. Afternoon and evening free.

Wednesday, 20th May

Free day and evening.

Thursday, 21st May

Depart 8.30 am for tour of Naval Base. Rest of day and evening free.

Friday, 22nd May

Free day. Depart hotel 5.15 pm for flight to Tel Aviv. Free evening.

Saturday, 23rd May

Depart 7.30 am for return journey to London. Flight Depart 10.15 am LY017. Arrive London Heathrow terminal 3 at 14.40.

AIDS TO HELP MOBILITY AT I.F.H.

It has been noted that quite a few St. Dunstaners find some difficulty and frustration trying to get about at IFH particularly those St. Dunstaners who do not come very often or who have not been down for some time. In the past twelve months quite a few extra fire doors have been installed and can present some danger if you are not aware of their whereabouts, particularly as they may on occasion be either open or closed. Most of the problems seem to be on the Main Floor where most of the traffic is and a source of frustration is experienced trying to negotiate the rectangular shape in the Main Floor Hall outside the dining room.

By the time you have this read to you or listen to it on the cassette copy of the Feb. *Review* the following symbols will have been applied to the hand rails and should help to make things a little easier for those who still find difficulty. The symbols will be embossed and can only be read correctly providing you are holding the rail with the right hand whilst walking forward, i.e. for safety sake keep to the right at all times, don't spoil your good looks by crashing into someone else. The first symbol you will feel will be an embossed horizontal line which is the anticipating signal telling you that 3 inches further on will be a symbol of information. There are only four to remember and they are fairly simple, they are as follows:-

A single ● will indicate a single door facing you, which may be either open or closed.

A double dome ●● side by side will indicate a double door facing you which may be open or closed.

A capital W will indicate the Training Workshops with the door opposite side of the passage, put your back to the hand rail and cross the passage to locate the door.

An upside down capital L pointing to the left indicates sharp left turn.

All the gaps on the rail will be either (a) A door entrance on the right with the door either open or closed (b) A stairway to the right or (c) An alcove which contains a fire hose or a metal reel about shoulder high.

Note: All symbols are approximately four feet from the actual door or turn.

The rectangular rail in the Main Floor Hall outside the dining room will have the following embossed capital letters at the following corners, again you are reminded that the rail must be on your right hand whilst walking forward to locate the proper shape of the letters, as follows:-

The dining room entrance corner will have nothing on it.

The corner nearest the Lounge will have capital L.

The corner nearest the Stairs will have a capital S.

The corner nearest the Dispensary and telephone kiosks will have a capital D.

Once again please keep to the RIGHT at all times to avoid the danger of injury by collision.

CLUB NEWS

MIDLAND

Our Christmas dinner was held on Saturday, 6th December as usual at the Austin Branch Royal British Legion. We assembled at 5.00 p.m. and received our guests, then sat down for our meal at 5.30 p.m. Mr. George Queen, the President, said the Grace and everyone tucked in to enjoy a

lovely Christmas dinner. Before coffee was served Mr. Bill Drew, the Chairman, gave the Loyal Toast.

Mr. George Queen said how nice it was to see us all again and how much the Branch looked forward to our visit and thanked the St. Dunstaners for inviting him and others from the Executive Committee together with their wives.

Our Chairman gave the vote of thanks.

We were sorry that Miss Newbold and Bill and Hilda Green weren't able to be with us this year.

After the meal members of the Club who wanted to dance settled themselves in the ballroom to enjoy the evening's entertainment and others wandered out to the lounge to have a good chat. Everyone agreed as usual that they had enjoyed the evening very much and were looking forward to Sunday, 14th December for the Christmas party.

Ladies Excelled

Despite the dreadful weather everyone turned up for the party which was a huge success. The ladies really excelled themselves with the spread on the tables, there was everything from turkey to trifles, jellies and Christmas cake. Usually there are a few sandwiches and mince pies left to eat later when the drinks are taken round, but the tables were bare, which went to prove how much everyone enjoyed the food.

As soon as the tables were cleared and everything washed up and put away, it was time for the children to "do their little bit". There were thirteen of them and they sat on the floor singing "Jingle Bells" and patiently waited for Father Christmas to arrive. Each child received a beautiful present and dish of sweets and all were quite happy to play quietly while the St. Dunstaners took their turn.

Lovely prizes were presented to the winners of the domino competitions and those who hadn't won a prize each had an envelope with a little something inside to help celebrate Christmas. After the presentations, it was time to have a little "tot". The party started to break up at 6.45 p.m. with everyone saying how much they had enjoyed themselves.

Our next meeting will be held on Sunday, 8th February.

Joan Cashmore

Brighton Sports and Social Club

Fishing Dates for 1981

16th February
30th March
27th April
11th May
8th June
13th July
10th August
7th September
5th October
23rd November
7th December

Any Club member coming to Brighton on holiday who would like to be included in any of the above trips should notify John Simpson, 26 Reading Road, Brighton, telephone Brighton 602626, as soon as possible.

Bowling

We ended 1980 with a good game against Field Place, Worthing, and there was exceptionally good bowling by our members which resulted in a very nice win for us. After the match an excellent tea was provided by our ladies which everyone thoroughly enjoyed.

Some of our members who have recently been ill, I take this opportunity of wishing them a speedy recovery to good health.

*W. Davies
Captain*

Entertainment Section

Our annual Christmas dance was held on Saturday, 13th December, in the Annexe at Ian Fraser House. 110 St. Dunstaners, wives and friends attended. Our guests of honour were the Mayor of Brighton, Councillor Leach, and the Mayoress. In his address, the Mayor welcomed everyone to Brighton and hoped they would take advantage of the town's amenities and wished us all a happy stay in Brighton.

The Mayor and Mayoress presented the trophies and prizes to the winners of the various competitions and we congratulate all those successful winners. We would like to send our sincere thanks to all those members and friends who donated prizes for the raffle.

The dancing continued until midnight to the strains of our usual band, the Compact Three, and once again Mr. Alf Garstang was our capable M.C., and with the singing of Auld Lang Syne, another enjoyable evening came to a close.

Our Christmas party was held on Wednesday, 17th December and 49 members attended. The afternoon started with a domino drive of 10 games, followed by bingo. Thank you to all those members who gave prizes for the bingo session. We then sat down to a fine tea consisting of sandwiches, sausage rolls, mince pies, trifles and a beautiful Christmas cake, which was adorned with various decorations which were aptly described to us by Mrs. Padley (thanks Pat). Time seemed to fly and after a couple of drinks it was time to make our way home.

Our next monthly dance will be held in the Annexe on Saturday, 14th February and we are hoping for your support. May I wish you all a belated Happy New Year.

H. Preedy

Bridge Instruction Weekend

On the 13th December great activity took place at Ian Fraser House, when a party of St. Dunstaners arrived for their instructional weekend of bridge. Jeff Connell as usual conducted the proceedings, ably assisted by his wife, Enid, and Mrs. Nora Fields. Instruction took the form of a questionnaire on Saturday and Sunday morning, and a bridge drive on both those afternoons. The bridge drive on Saturday was won by W. Lethbridge and B. Goodladd, second was M. Tybinsky and B. Fullard and third J. Whitcombe and Miss C. Sturdy. Sunday's results were as follows:—

H. Meleson and Mrs. I. Gover — First
M. Tybinsky and B. Fullard — Second
J. Whitcombe and
Mrs. S. Meleson — Third

After the prizes were presented, Harry Meleson said a few words of thanks to all those who helped to make this event so successful, and so ended the weekend.

H. Meleson

FAMILY NEWS

MARRIAGES

Congratulations to:

Mr. Edgar William Bull, of Southampton, who was married to Janet Catt, on 12th December.

Mr. and Mrs. Dennis Freeman, of Coventry, are pleased to announce that their daughter, Elizabeth, was married to Geoffrey Tull, on 29th November.

Mr. and Mrs. Patrick Sheehan, are pleased to announce that their son, Colin, was married to Barbara Morgan, on 30th August.

Silver Wedding

Congratulations to:

Mr. and Mrs. Cyril Astell, of East Horsley, who celebrated their Silver Wedding Anniversary, on 21st December.

Pearl Wedding

Congratulations to:

Mr. and Mrs. Dennis Freeman, of Coventry, who celebrated their Pearl Wedding Anniversary, on 23rd December.

GRANDCHILDREN

Congratulations to:

Mr. and Mrs. Philip Bagwell, of Salisbury, on the birth of a grandson, Timothy James, on 17th November.

Mr. and Mrs. Edward Higgs, of Bracknell, on the birth of a grand-daughter, Emma Jane, on 25th November, to their son, Edwin, and his wife, Anne.

Mrs. Mary Mitchell, widow of the late *Albert Mitchell*, of Guildford, on the birth of a grandson, Gareth Charles, on 8th January, to her son, Nicholas, and his wife, Ursula.

Mr. and Mrs. Thomas Mugan, on the birth of a grandson, Peter James, on 19th July, to their son Peter, and his wife, Susan.

Mr. and Mrs. Ronald Pilon, of Bodenham, on the birth of a grandson, Rawson Gregory, to their son, Robert and his wife.

Mr. and Mrs. John Taylor, of Chessington, on the birth of a grandson, Simon Christopher, on 28th November, to their daughter, Margaret, and her husband.

PERSONAL ACHIEVEMENTS

We warmly congratulate:

Bill Griffiths of Blackpool, on being appointed President, Blackpool South Shore Branch, Royal British Legion, and Vice President, West Lancashire Branch.

Julia Parkinson, daughter of *Mr. and Mrs. Tony Parkinson*, of Blackpool, who has passed her Primary Tap Dancing examination, and has been awarded a diploma from the Imperial Society of Teachers of Dancing.

Tiny Pointon, of Bexhill-on-Sea, on two masonic honours. He has been appointed acting Inspector of Works, for the Provincial Grand Lodge, of Mark Master Masonry of Sussex, and he has also been made Royal Ark Mariner, Provincial Grand Rank.

Patrick Sheehan, of Wanstead, who was presented with an award for personal achievement by Redbridge Council for his work for the local blind clubs. The award was presented to him by the Mayor at a special Christmas tea party.

Peter Watson, of Peacehaven, who has obtained his yellow belt in judo. May this be the first of very many more.

Harry Wheeler, of Merton Park, who has been honoured by the Royal British Legion for 52 years' membership of the Legion. He became Chairman of the Wimbledon branch in 1964 and President in 1967. He has been presented with Royal Legion illuminated addresses for "devoted and exemplary service." Mr. Wheeler and his wife, Ethel, have recently celebrated their 62nd wedding anniversary.

DEATHS

We offer sympathy to:

Mr. James Greenwood, of Worthing, whose wife, Clara Martha, died on 6th December. She was 88 years old.

Mr. and Mrs. William Slade, of Kings Lynn, on the death of Mrs. Slade's mother, Mrs. Vincent, on 20th September.

Mr. Randall Williams, of Leytonstone, whose grandfather died on 21st December.

In Memory

It is with great regret we have to record the deaths of the following St. Dunstaners and we offer our deepest sympathy to their widows, families and friends.

Henry Arthur Dakin, Royal Field Artillery.

Henry Dakin, formerly of Blackpool and resident at Pearson House for the past four months, died on 22nd December. He was 82 years old and had been a St. Dunstaner for over 60 years.

Mr. Dakin was a Gunner in the Royal Field Artillery Regiment throughout the First World War and was totally blinded whilst on active service at Duay in September, 1918.

On admission to St. Dunstan's later that year, Mr. Dakin was trained in mat making, boot repairing, typing and Braille. He was a keen and industrious worker and had his own businesses in Peckham and Loughborough, which he ran very efficiently. In 1930, Mr. Dakin decided to return to London where his business expanded until eventually he had three shops, but soon after the outbreak of the Second World War he disposed of the business and returned to Blackpool with his family. Mr. Dakin then undertook a period of retraining and worked in industry from 1942, until he retired, on health grounds, in 1961.

Unfortunately Mrs. Dakin died in 1961 and from that time Mr. Dakin spent frequent holidays at Ovingdean. During this time Mr. Dakin was devotedly cared for by his daughter, Lily, and kept in close touch with his other children. In August, 1980 Mr. Dakin suffered a stroke and after a short stay in a nursing home was admitted to Pearson House.

He leaves a son and two daughters.

Lieutenant-Colonel Edward Arunah Dunlop, O.B.E., G.M., Queen's Own Rifles of Canada.

Colonel Edward Dunlop, of Toronto, died on 6th January. He was 61 years old.

He came to St. Dunstan's in 1943 after serving in North Africa and then being blinded and otherwise seriously wounded when trying to dispose of a grenade dropped by a soldier in training in Scotland. He returned to Canada and in 1946 was awarded the O.B.E. and George Medal. He led a very busy and successful life, being prominent in Canadian politics, newspaper publishing, broadcasting, and especially work for the disabled. Recently, he received the Order of Canada for services to the country. He had been very seriously ill at home for some time before his death.

He leaves a widow, Dorrie, married son and daughter.

John Green, Merchant Navy, Royal Artillery.

John Green, of Clacton-on-Sea, died on 9th December after a short illness. He was 77 years old.

Mr. Green served in both World Wars, in the Merchant Navy in the First War and in the Royal Artillery from 1942, until 1946. He became a St. Dunstaner in 1978, sometime after he had retired as a builders' foreman. A proud and memorable occasion for Mr. Green came when he attended one of the Garden Parties given by the "Not Forgotten" Association at Buckingham Palace, last year, and was introduced to H.R.H. Prince Charles.

He leaves a widow, Emily, a son, John, and a daughter, Pearl.

Thomas Edgar Jones, Royal Artillery.

Thomas Jones, of Wellington, Shropshire, died, in hospital, on 10th December. He had been ill for sometime and was 69 years old.

Mr. Jones lost his sight through a mine explosion, in Italy, while serving as a Gunner in the Royal Artillery, which he did from October, 1940 until March, 1944. He joined St. Dunstan's the same year and undertook a period of industrial training and worked in industry for 11 years. In 1956 he began a successful career in shopkeeping, which became his occupation for eight years, and then, in 1964, he returned to industrial work at the Central Ordnance Depot, in Donnington, until he retired in 1975.

He leaves a widow, Doris, and twin sons, David and Michael.

Francis Roche, Labour Corps and Welch Regiment.

Francis Roche, formerly of London, latterly resident at Pearson House, died on 17th December. He was 82 years old.

Mr. Roche served throughout the First World War, firstly in the Labour Corps and subsequently in the Welch Regiment, from which he was discharged with the rank of Corporal, in November, 1918 following injuries received at the Dardanelles, when he lost his right eye. Mr. Roche was awarded the 1914-15 Star and British War and Victory medals.

In civilian life, Mr. Roche worked for the G.P.O. for 20 years, except when he served with the Merchant Navy during the Korean War. During this time he was awarded his Certificate of Efficiency as a Lifeboatman. Subsequently, he worked for an American shipping line but his eyesight and health were deteriorating and he joined St. Dunstan's in 1967.

Mr. Roche was very independent and looked after himself admirably, taking great pride in his appearance. The radio was his greatest pleasure and he enjoyed occasional visits to the London he loved, during the time he lived permanently in Brighton. He will be greatly missed.